

Champagne 4U (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - 2011年01月
音乐: I Get a Kick Out of You - Rod Stewart : (CD: Fly Me To The Moon)



前奏 : 16 count intro – approx 6 seconds. Start on vocals

第一段 Back. Back. Side. Together. Quarter. Step-Pivot-Step. Half. Quarter. Cross-Rock

- 1-2 Walk back Right, walk back Left
右足後走, 左足後走
- 3&4 Step Right to side, step Left beside Right, 1/4 Right (3:00) step forward Right 右足右踏, 左足併踏, 右轉90度(面向3點鐘)右足前踏
- 5&6 Step forward Left, pivot 1/2 Right (9:00), step forward Left
左足前踏, 右軸轉180度(面向9點鐘), 左足前踏
- 7&8 1/2 Left (3:00) step back on Right, 1/4 Left (12:00) step Left to side, cross-rock Right over Left
左轉180度(面向3點鐘)右足後踏, 左轉90度(面向12點鐘)左足左踏, 右足於左足前交叉下沉

第二段 Recover. Side-Together-Fwd. Side-Together-Back. Back-Lock-Back-Sweep. Sailor-Half-Fwd

- 1 Recover weight to Left 左足回復
- 2&3 Step Right to side, step Left beside Right, step forward Right
右足右踏, 左足併踏, 右足前踏
- 4&5 Step Left to side, step Right beside Left, step back Left
左足左踏, 右足併踏, 左足後踏
- 6&7& Step back Right, lock Left across Right, step back Right, sweep Left to side 右足後踏, 左足於右足前鎖踏, 右足後踏, 左足繞
- 8&1 Sailor-Half-turn Left (6:00) stepping forward Left
左180度轉水手(面向6點鐘)

第三段 Back. Back. Back. Rock-Recover. Cross. Cross. Side-Recover-Cross

- 2&3 Run back Right-Left-Right 後跑步-右, 左, 右
- 4& Rock back Left, recover 左足後下沉, 右足回復
- 5& Step Left over Right, hold (click fingers)
左足於右足前交叉踏, 候(彈指)
- 6& Step Right over Left, hold (click fingers)
右足於左足前交叉踏, 候(彈指)
- 7&8 Rock Left to side, recover, cross Left over Right
左足左下沉, 右足回復, 左足於右足前交叉踏

第四段 Back-Side-Cross. Unwind Half. Unwind Quarter. Coaster-Step. Walk. Walk

- 1&2 Step back on Right, step Left to the side, cross Right over Left
右足後踏, 左足左踏, 右足於左足前交叉踏
- 3-4 Unwind 1/2 Left (12:00), unwind 1/4 Right (3:00)
左繞轉180度(面向12點鐘), 右繞轉90度(面向3點鐘)
- 5&6 Step back on Left, step Right beside Left, step forward on Left
左足後踏, 右足併踏, 左足前踏
- 7-8 Walk forward Right, walk forward Left
右足前走, 左足前走

