

Move With You

拍数: 48 墙数: 4 级数: Phrased Intermediate
编舞者: Debbie McLaughlin (UK) - September 2014
音乐: Move with You - Jacob Banks : (Tunes / Google Play Store)



Count in: After 16 counts, on lyrics

SEQUENCE: A B Tag A A B Tag A A B A A

PART A – 32 counts

SIDE TOUCH SIDE KICK, BEHIND ¼ TURN STEP FORWARD, L SHUFFLE, STEP ¼ TURN CROSS

- 1&2& Step R to R side, Touch L beside R, Step L to L side, Kick R forward
3&4 Cross R behind L, Make ¼ turn L stepping L forward, Step R forward (9 o clock)
5&6 Step L forward, Step R beside L, Step L forward
7&8 Step R forward, Pivot ¼ turn L taking weight onto L, Cross R over L (6 o clock)

¼ TURN ¼ TURN, CROSS SHUFFLE, SIDE ROCK ¼ TURN, RUN RUN RUN TOGETHER

- 1 2 Make ¼ turn R stepping back on L, Make ¼ turn R stepping R to R side (12 o clock)
3&4 Cross L over R, Step R to R side, Cross L over R
5 6 Rock R out to R side and push hip out to R, Make ¼ turn L stepping L forward (9 o clock)
7&8& Run forward R, L, R, Step L beside R (weight on both feet)

SWIVEL HEELS TOES HEELS CLAP X2, JAZZ BOX ¼ TURN SIDE SHUFFLE

- 1&2& Swivel both heels L, Swivel both toes L, Swivel both heels L, Clap hands
3&4& Swivel both heels R, Swivel both toes R, Swivel both heels R, Clap hands (end with weight on R)
5 6 Cross L over R, Make ¼ turn L stepping back on R (6 o clock)
7&8 Step L to L side, Step R beside L, Step L to L side

CROSS ROCK SIDE ROCK, CROSS ½ TURN, CROSS SIDE BEHIND ¼ TURN, STEP PIVOT ½ TURN

- 1&2& Cross rock R over L, Recover weight back onto L, Rock R out to R side, Recover weight onto L
3 4 Cross R over L, Unwind ½ turn L transferring weight onto L (12 o clock)
5&6& Cross R over L, Step L to L side, Cross R behind L, Make ¼ turn L stepping L forward (9 o clock)
7 8 Step R forward, Pivot ½ turn L ending with weight on L (3 o clock)

PART B – 16 counts

CLOCK DIRECTIONS ARE BASED ON STARTING FIRST 'B' FACING 3 O CLOCK

SIDE ROCK AND CROSS, ¼ TURN ¼ TURN CROSS, SIDE TOUCH SIDE TOUCH, SIDE SHUFFLE

- 1&2 Rock R out to R side, Recover onto L, Cross R over L
3&4 Make ¼ turn R stepping back on L, Make ¼ turn R stepping R to R side, Cross L over R (9 o clock)
5&6& Step R to R side, Touch L beside R, Step L to L side, Touch R beside L
7&8 Step R to R side, Step L beside R, Step R to R side

CROSS & HEEL & CROSS SHUFFLE, ¼ TURN, STEP PIVOT ½ TURN, WALK WALK

- 1&2& Cross L over R, Step R to R side, Touch L heel forward to L diagonal, Step L beside R
3&4 Cross R over L, Step L to L side, Cross R over L
5 6& Make ¼ turn L stepping forward on L, Step R forward, Pivot ½ turn L ending with weight on L (12 o clock)
7 8 Walk forward R, Walk forward L

TAG CLOCK DIRECTIONS ARE BASED ON STARTING FIRST 'TAG' FACING 12 O CLOCK

WALK AROUND IN A CIRCLE

1234 Walk around in an anticlockwise circle R, L, R, L to make a $\frac{3}{4}$ turn over L shoulder (3 o'clock)

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