

Girl, You Are My Song (妳是我音樂的泉源, 女孩) (zh)

COPPER KNOB
STEPSHEETS

拍数: 32 牆数: 4 級数: Beginner
編舞者: Nina Chen (TW) - 2014年09月
音樂: Girl / You're My Song - F.R. David



Intro : 34 counts

S1. CHASSE - CROSS BEHIDE - RECOVER. X2

1&2 Step RF to R - Step LF beside RF - Step RF to R
3-4 Cross LF behide RF - Recover onto RF
5&6 Step LF to L - Step RF beside LF - Step LF to L
7-8 Cross RF behide LF - Recover onto LF
1&2 右足右踏 - 左足併於右足旁 - 右足右踏
3-4 左足後交叉 - 重心回右足
5&6 左足左踏 - 右足併於左足旁 - 左足左踏
7-8 右足後交叉 - 重心回左足

S2. SIDE - TOGETHER - FORWARD SHUFFLE - SIDE - TOGETHER - COASTER STEP

1-2 Step RF to R - Step LF beside RF
3&4 Forward shuffle on (RLR)
5-6 Step LF to L - Step RF beside LF
7&8 Step LF backward - Step RF beside LF - Step LF forward
1-2 右足右踏 - 左足併踏於右足旁
3&4 前交換步(右左右)
5-6 左足左踏 - 右足併踏於左足旁
7&8 左足後踏 - 右足併踏於左足旁 - 左足前踏

S3. TOE STRUTS WITH HIP BUMPS

1-2 Touch RF toe forward and push hip up - Step RF heel down
3-4 Touch LF toe forward and push hip up - Step LF heel down
5-6 Touch RF toe forward and push hip up - Step RF heel down
7-8 Touch LF toe forward and push hip up - Step LF heel down
1-2 右足足指前點推臀 - 右足足跟放下平踏
3-4 左足足指前點推臀 - 左足足跟放下平踏
5-6 右足足指前點推臀 - 右足足跟放下平踏
7-8 左足足指前點推臀 - 左足足跟放下平踏

S4. ROCKING CHAIR - R&L FORWARD DIAGONAL SHUFFLE

1-2 Rock RF forward - Recover onto LF
3-4 Turn 1/4 R (3:00) rock RF backward - Recover onto LF
5&6 Forward diagonal shuffle on (RLR)
7&8 Forward diagonal shuffle on (LRL)
1-2 右足前下沉步 - 重心回左足
3-4 右轉1/4 (3:00) 右足後下沉步 - 重心回左足
5&6 右斜前交換步(右左右)
7&8 左斜前交換步(左右左)

Restarts : During wall 4 & 11, after 16 counts (facing 09:00& 12:00) During wall 7, after 24 counts (facing 03:00) During wall 13, after 8 counts (facing 03:00)

重新開始: 第四面牆及第十一面牆跳完16拍後(9:00及12:00), 第七面牆跳完24拍後(3:00), 第十三面牆跳完8拍

後(3:00)

Have Fun & Happy Dancing!

Contact Nina Chen: nina.teach.dance@gmail.com
