

Yours

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Advanced NC2S
编舞者: Dee Musk (UK) - September 2014
音乐: Yours - Ella Henderson : (Album: Chapter One)



#16 Count Intro – Approx 18 seconds – Track approx 2 mins 58 secs
Track currently available from Amazon as a free download

Step, Mambo ½ Turn L, Step, Reverse ½ Turn R, Back Rock, 1/4 Turn L, Behind, ¼ Turn R, Step ¾ Turn R, Side.

- 1,2&3 Step forward on R, rock forward on L, recover weight to R, make a ½ turn L.
4& Step forward on R, make a ½ turn R stepping back on L.
5,6 Rock back on R, recover weight to L.
&7& Make a ¼ turn L stepping R to R side, cross L behind R, make a ¼ turn R stepping forward on R.
8&1 Step forward on L, make a ¾ turn R, step L to L side. (9 o'clock).

Behind, ¼ Turn L, Cross Rock, Side Touch/Dip, ¼ Turn L, Forward Rock, ½ Turn R, Step ½ Turn Step R.

- 2&3& Step R behind L, make a ¼ turn L stepping forward on L, cross rock R over L, recover weight to L.
4&5 Step R to R side, bend both knees as you touch L beside R, recover making a ¼ turn L stepping forward on L.
6&7 Rock forward on R, recover weight to L, make a ½ turn R stepping forward on R.
&8& Step forward on L, make a ½ turn R, step forward on L. (3 o'clock).

****R** Wall 3**

Step Sweep, Cross ¼ Turn L, Side Lunge, ¼ Turn R, ½ Turn R, Step, Step, ½ Turn L, ¼ Turn L, Touch, Side Cross Side.

- 1 Step forward on R sweeping L from behind to in front of R.
2&3 Cross L over R, make a ¼ turn L stepping back on R, lunge L out to L side.
4&5 Make a ¼ turn R stepping down on R, ½ turn R stepping L beside R, step forward on R.
6&7& Step forward on L, make a ½ turn L stepping back on R, make a ¼ turn L stepping L to L side, touch R beside L.
8&1 Step R to R side, cross L over R, step R to R side. (12 o'clock).

Back Rock ¼ Turn L, Full Turn L, ¼ Turn L, Back Rock ¼ Turn R, ½ Turn R, Full Spin R.

- 2&3 Rock L behind R, recover weight to R, make a ¼ turn L stepping forward on L.
4&5 Make a ½ turn L stepping back on R, make a ½ turn L stepping forward on L, make a ¼ turn L stepping R to R side.
6&7 Rock L behind R, recover weight to R, make a ¼ turn R stepping back on L.
8 Make a ½ turn R stepping forward on R.
& Spin a full turn R stepping L beside R. □ (3 o'clock).

(Alternative step forward L on count &).

Restart during wall 3 - dance up to and including counts 16& - begin again facing 9 o'clock.

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