

# Country To The Bone

COPPERKNOB  
CHOREOGRAPHY SHEETS

拍数: 68      墙数: 4      级数: Intermediate  
编舞者: Britt Christoffersen (DK) - September 2014  
音乐: Country Is as Country Does - Dolly Parton : (CD: Better Day)



**\*\* Dedicated to one of my best friends, Birgitte Simonsen. Happy 40th birthday \*\***

Intro is 2 x 8 counts

## S1: (JUMP) Back Rock, Stomp Up (x 2), Heel Hook Heel Flick

1-2-3-4      (Jump) back rock on Right, recover onto Left, Stomp up Right x 2  
5-6      Tap Right heel forward to Right diagonal, touch Right toe across Left  
7-8      Tap Right heel forward, flick Right foot to the Right.

## S2: Cross Rock, Step, Hitch (x 2)

1-2      Cross rock Right over Left. Recover onto Left.  
3-4      Step Right forward. Hitch Left, turning towards Right diagonal.  
5-6-7-8      Cross rock Left over Right. Recover onto Right. Step Left forward. Hitch Right, squaring up to wall.

Tag/restart here on wall 3

## S3: Step Hitch (x 2), Coasterstep, Hold

1-2-3-4      Step Right foot forward, Hitch Left turning 1/2 Left. Step Left foot back. Hitch Right  
5-6-7-8      Step Right back, step Left beside Right, step Right forward, hold

## S4: Stomp Swivels (X 2)

1-2      Stomp diagonally forward on Left, swivel Right heel diagonally to Left.  
3-4      Swivel Right toe diagonally to Left, swivel Right heel diagonally to Left (weight on Left)  
5-6      Stomp diagonally forward on Right, swivel Left heel diagonally to Right.  
7-8      Swivel Left toe diagonally to Right, swivel Left heel diagonally to Right (weight on Right)

Tag/restart here on wall 6

## S5: Side Together Side Kick Back Rock, Stomp (X 2)

1-2-3-4      Step Left To Side, Step Right beside Left, Step Left to side, Kick Right forward  
5-6-7-8      (Jump) Rock back on Right, recover onto Left, stomp Right twice beside Left

## S6: Step 1/4 Cross, Hold, Side Kick, Side Kick

1-2-3-4      Step Right forward, turn 1/4 Left stepping Left to side, Cross Right over Left, Hold  
5-6-7-8      Step Left to Left, kick Right diagonally Left, Step Right to Right, kick Left diagonally Right

## S7: Side Rock Cross, Hold, Toe Heel Touches or Dwight.

1-4      Rock Left to Left side, recover Right, cross step Left over Right, hold  
5-6      Touch Right toe to Left instep. Touch Right heel to Left instep,  
7-8      Touch Right toe to Left instep. Touch Right heel to Left instep.

Note: You can make steps 5 - 8 into a Dwight move by travelling to Right

## S8: Side Rock, Back Rock, Forward Touch, Back Kick

1-4      Rock Right to Right side, recover on Left. Rock back on Right, recover on Left  
5-8      Step Right forward. Touch Left behind Right. Step Left back. Kick Right forward.

Restart here on wall 7

## S9: Reverse Rocking chair

1-4      Rock back on Right, recover onto Left, Rock forward on Right, recover on Left

**Tag: wall 3 after 16 counts**

1-2 Step Right heel diagonally forward Right, Step Left heel diagonally forward Left

3-4 Step Right diagonally back in place, Step Left diagonally back in place

**Tag: wall 6 after 32 counts**

1-2 Step Left heel diagonally forward Left, Step Right heel diagonally forward

3-4 Right Step Left diagonally back in place, Hold

**Ending: on wall 11 (06:00)Dance the first 12 count then do:**

1-2 Make a 1/4 turn Right touch Left toe to Left, make a 1/4 turn Right touch Left toe to Left

3-4 Step forward on Left, touch Right toe to Right side

**Contact: [britt@webnetmail.dk](mailto:britt@webnetmail.dk)**

---