

# Vida

COPPERKNOB  
STEPSHETS

拍数: 32      墙数: 4      级数: Improver  
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音乐: Vida - Ricky Martin



Intro: 16 counts

## I. Kick Ball Change 2x – Forward Shuffle 2x

1 & 2      Kick Rf Forward – Step Rf Beside Lf – Step Lf In Place  
3 & 4      Kick Rf Forward – Step Rf Beside Lf – Step Lf In Place  
5 & 6      Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward  
7 & 8      Step Lf Forward – Step Lock Rf Behind Lf – Step Lf Forward

## II. Forward Rock – ½ Turn Right Shuffle – ¼ Right Pivot – Cross Shuffle

1 2      Step Rf Forward – Recover On Lf  
3 & 4      Turn ½ Right Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward  
5 6      Step Lf Forward – Turn ¼ Right Recover Weight On Rf  
7 & 8      Step Lf Across Over Rf – Step Rf Behind Lf – Step Lf Across Over Rf

\*Restart Here On Wall 4

## III. Side Rock – Hip Bump – ¼ Left Sailor – Forward Shuffle

1 2      Step Rf To Right Side Bump Hip To Right – Recover On Lf Bump Hip To Left  
3 & 4      Bump Hip To R – L – R ( Weight On Rf )  
5 & 6      Step Lf Behind Rf – Turn ¼ Left Step Rf Beside Lf – Step Lf Forward  
7 & 8      Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward

## IV. ½ Right Pivot – ¼ Right Pivot – Jazz Touch

1 2      Step Lf Forward – Turn ½ Right Recover Weight On Rf  
3 4      Step Lf Forward – Turn ¼ Right Recover Weight On Rf  
5 6      Step Lf Across Over Rf – Step Rf Backward  
7 8      Step Lf To Side – Touch Rf Beside Lf

\*Restart On Wall 4 After 16 Count

Have Fun... Stay Happy Stay Healthy...!!!

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