

Vida

COPPER KNOB
STEPPEDETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Ernie Yin (INA) - September 2014
音乐: Vida - Ricky Martin



Intro: 16 counts

I. Kick Ball Change 2x – Forward Shuffle 2x

1 & 2 Kick Rf Forward – Step Rf Beside Lf – Step Lf In Place
3 & 4 Kick Rf Forward – Step Rf Beside Lf – Step Lf In Place
5 & 6 Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward
7 & 8 Step Lf Forward – Step Lock Rf Behind Lf – Step Lf Forward

II. Forward Rock – ½ Turn Right Shuffle – ¼ Right Pivot – Cross Shuffle

1 2 Step Rf Forward – Recover On Lf
3 & 4 Turn ½ Right Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward
5 6 Step Lf Forward – Turn ¼ Right Recover Weight On Rf
7 & 8 Step Lf Across Over Rf – Step Rf Behind Lf – Step Lf Across Over Rf

*Restart Here On Wall 4

III. Side Rock – Hip Bump – ¼ Left Sailor – Forward Shuffle

1 2 Step Rf To Right Side Bump Hip To Right – Recover On Lf Bump Hip To Left
3 & 4 Bump Hip To R – L – R (Weight On Rf)
5 & 6 Step Lf Behind Rf – Turn ¼ Left Step Rf Beside Lf – Step Lf Forward
7 & 8 Step Rf Forward – Step Lock Lf Behind Rf – Step Rf Forward

IV. ½ Right Pivot – ¼ Right Pivot – Jazz Touch

1 2 Step Lf Forward – Turn ½ Right Recover Weight On Rf
3 4 Step Lf Forward – Turn ¼ Right Recover Weight On Rf
5 6 Step Lf Across Over Rf – Step Rf Backward
7 8 Step Lf To Side – Touch Rf Beside Lf

*Restart On Wall 4 After 16 Count

Have Fun... Stay Happy Stay Healthy...!!!

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