

# California King (zh)

COPPER KNOB  
STYLEDANCE

拍数: 0      墙数: 4      级数: Intermediate/Advanced  
编舞者: Debbie McLaughlin (UK) - 2011年02月  
音乐: California King Bed - Rihanna : (Album: Loud)



前奏: After 16 counts on lyrics 'Chest to chest...'

PART A A部份, 32拍

## 第一段 LUNGE, SPIN, SIDE, BEHIND TURN SIDE, ROCK & WALK, WALK

- 1 2 3 Lunge L to L side (slightly bending L knee), Take weight back onto R and make a full clockwise spin over R shoulder, Step L to L side  
左足左曲膝踏(左膝略彎), 右足回復順時針右轉圈, 左足左踏  
\* This spin can be replaced with a small hitch of the L knee  
簡易版, 轉圈改成左膝抬
- 4& Cross R behind L, Make ¼ turn left stepping L forward (9 o'clock)  
右足於左足後交叉踏, 左轉90度左足前踏(面向9點鐘)
- 5 6& Rock R out to R, Recover weight onto L, Step R beside L  
右足右下沉, 左足回復, 右足併踏
- 7 8 Walk forward L, R towards R diagonal (11 o'clock)  
左足前走, 右足前走(面向斜角11點鐘)

## 第二段 STEP, TURN, SPIRAL, STEP LOCK STEP, ROCK & SIDE, BACK ROCK

- 1 2 3 Step forward on L, Pivot ½ turn R taking weight forward onto R, Step forward on L and spiral a full turn over R shoulder keeping weight on L (you will still be on the diagonal and end facing 5 o'clock)  
左足前踏, 右軸轉180度重心在右足, 左足前踏右螺旋轉圈(面向5點鐘)
- 4&5 Step R forward, Lock L behind R, Step R forward (5 o'clock)  
右足前踏, 左足於右足後鎖踏, 右足前踏(面向5點鐘)
- 6&7 Rock forward on L, Recover back onto R, squaring up to side wall take large step to L side (3 o'clock)  
左足前下沉, 右足回復, 左足左一大步(轉正面向3點鐘)
- 8& Rock back on R, Recover weight back onto L  
右足後下沉, 左足回復

## 第三段 SIDE, BEHIND, SHUFFLE ¼ TURN, STEP TURN STEP, TURN, TURN

- 1 2 Step R to R side, Cross L behind R  
右足右踏, 左足於右足後交叉踏
- 3&4 Step R to R side, Step L beside R, Make ¼ turn right stepping forward on R (6 o'clock)  
右足右踏, 左足併踏, 右轉90度右足前踏(面向6點鐘)
- 5&6 Step L forward, Pivot ½ turn R taking weight forward onto R, Step L forward  
左足前踏, 右軸轉180度右足前踏, 左足前踏
- 7 8 Make ½ turn L stepping back on R, Make ½ turn L stepping forward on L (12 o'clock)  
左轉180度右足後踏, 左轉180度左足前踏(面向12點鐘)

## 第四段 SWEEP, CROSS SIDE BEHIND, BEHIND TURN STEP, TURN, CROSS TURN TURN CROSS

- 1 2&3 Make ¼ turn L whilst sweeping R foot around, Cross R over L, Step L to L side, cross R behind L whilst sweeping L around (9 o'clock)  
左轉90度右足繞向前, 右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏左足向後繞
- 4&5 6 Cross L behind R, make ¼ turn R stepping forward on R, Step L forward, Pivot ¼ turn R taking weight onto R  
左足於右足後交叉踏, 右轉90度右足前踏, 左足前踏, 右轉90度重心在右足
- 7& Cross L over R, make ¼ turn L stepping back on R,  
左足於右足前交叉踏, 左轉90度右足後踏

8& Make ¼ turn L stepping L to L side, Cross R over L (end facing 9 o clock)  
左轉90度左足左踏, 右足於左足前交叉踏(結束在9點鐘)

**PART B** B部份, 16拍

**第一段 SIDE, BACK ROCK, SIDE, BACK ROCK, TURN, STEP TURN SIDE,**

1 2& Step L to L side, Rock back on R, Recover weight forward on L  
左足左踏, 右足後下沉, 左足回復

3 4& Step R to R side, Rock back on L, Recover weight forward on R  
右足右踏, 左足後下沉, 右足回復

5 6 Make ¼ turn L stepping forward on L, Step forward on R  
左轉90度左足前踏, 右足前踏

7 8 Pivot ¾ turn L taking weight onto L, Step R to R side  
左轉270度重心在左足, 右足右踏

**第二段 BEHIND & CROSS & BEHIND & STEP TURN SIDE, BEHIND SIDE CROSS**

1&2& Cross L behind R, Step R to R side, Cross L over R, Step R to R side  
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏

3&4 Cross L behind R, Make ¼ R stepping R forward, Step L forward  
左足於右足後交叉踏, 右轉90度右足前踏, 左足前踏

5 6 Pivot ¾ turn R taking weight onto R, Step L to L side  
右轉270度重心在右足, 左足左踏

7&8 Cross R behind L, Step L to L side, Cross R over L  
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

**TAG 1: Danced facing 6 o clock**

**SIDE, BEHIND, SIDE, CROSS**

1 2 3 4 Step L to L side, Cross R behind L, Step L to L side, Cross R over L  
左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

**TAG 2: Danced facing 6 o clock (ends facing 12 o clock)**

面向6點鐘起跳, 結束時面向12點鐘

**SIDE, BACK ROCK, SIDE, BACK ROCK, TURN, STEP TURN CROSS**

1 2& Step L to L side, Rock back on R, Recover weight forward on L  
左足左踏, 右足後下沉, 左足回復

3 4& Step R to R side, Rock back on L, Recover weight forward on R  
右足右踏, 左足後下沉, 右足回復

5 6 Make ¼ turn L stepping forward on L, Step forward on R  
左轉90度左足前踏, 右足前踏

7 8 Pivot ¼ turn L taking weight onto L, Cross R over L  
左軸轉90度重心在左足, 右足於左足前交叉踏

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