

More Than a Woman

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner - Disco style
编舞者: Judy Rodgers (USA) - September 2014
音乐: More Than a Woman - Bee Gees



Intro: 16 counts (Not perfectly phrased....used with no Tags or Restarts for beginners)

Walk, walk, step side rock, cross, back, coaster step□

1-2 Walk R, walk L
3&4 Step R fwd, rock L to side, recover R
5-6 Cross L over R, step R back
7&8 Step L back, step R beside L, step L fwd

Cross, point, cross, point, rock, recover, turn ¼ R step, point

1-2 Cross R over L, point L to side
3-4 Cross L over R, point R to side
5-6 Rock R fwd, recover L
7-8 Turn ¼ right step R to side, point L to left side [3:00]

Roll left, touch, skate, skate, skate, skate

1-4 Turn ¼ L step L fwd, turn ½ L step R back, turn ¼ L step L to side, touch R beside L

****option for 1-4....if you don't want to roll/turn, do a vine left with a touch ****

5-8 Skate R, skate L, skate R, skate L (in place)

*****for styling, point R finger out/up while L finger goes down, bring both hands to center; repeat**

Kick ball step, kick ball step, touch fwd, touch back, touch fwd, touch back

1&2 Kick R fwd, step down R, step L fwd (to left diagonal)
3&4 Kick R fwd, step down R, step L fwd
5-8 Touch R fwd, touch L back, touch R fwd, touch L back (still on left diagonal)