

Bad Addiction (zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Karl-Harry Winson (UK) - 2011年01月
音乐: Gambling Man - The Overtones : (CD: Good Ol'Fashioned Love)



前奏 : Intro: 32 Counts (Start on Main Vocals)

第一段 Toe Struts X2. Modified Rock Chair.

- 1-2 Step forward on Right toe. Drop the heel.
右足趾前點, 右足趾踏
- 3-4 Step forward on Left toe. Drop the heel.
左足趾前點, 左足踵踏
- 5-6 Rock forward on Right. Recover weight on Left.
右足前下沉, 左足回復
- 7-8 Rock Right to Right side. Recover weight on Left.
右足右下沉, 左足回復

第二段 Jazz Box 1/4 Cross. Extended Weave Right.

- 1-2 Cross Right over Left. Make 1/4 Right stepping Left back.
右足於左足前交叉踏, 右轉90度左足後踏
- 3-4 Step Right to Right side. Cross Left over Right.
右足右踏, 左足於右足前交叉踏
- 5-6 Step Right to Right side. Step Left behind Right.
右足右踏, 左足於右足後踏
- 7-8 Step Right to Right side. Cross Left over Right.
右足右踏, 左足於右足前交叉踏

*RESTART Here on Wall 3 (9.00) 第三面牆(面向9點鐘), 從頭起跳

第三段 Right Scissor Step. Left Scissor Step.

- 1-2 Step Right to Right side. Close Left beside Right.
右足右踏, 左足併踏
- 3-4 Cross Right over Left. Hold. 右足於左足前交叉踏, 候
- 5-6 Step Left to Left side. Close Right beside Left.
左足左踏, 右足併踏
- 7-8 Cross Left over Right. Hold. 左足右足前交叉踏, 候

第四段 Grapevine 1/4 Right. Hold. Step Pivot 1/2 Right. Step-Together.

- 1-2 Step Right to Right side. Step Left behind Right.
右足右踏, 左足於右足後踏
- 3-4 Make 1/4 Right stepping Right forward. Hold.
右轉90度右足前踏, 候
- 5-6 Step Left forward. Pivot 1/2 turn Right.
左足前踏, 右軸轉180度
- 7-8 Step Forward on Left. Close Right beside Left.
左足前踏, 右足併踏

第五段 Walk Forward X2. Rocking Chair.

- 1-2 Walk forward on Left. Hold. 左足前走, 候
- 3-4 Walk forward on Right. Hold. 右足前走, 候
- 5-6 Rock forward on Left. Recover weight back on Right.
左足前下沉, 右足回復
- 7-8 Rock back on Left. Recover weight forward on Right.
左足後下沉, 右足回復

第六段 Step Pivot 3/4 Turn. Flick. Behind 1/4 Turn Left. Step-Scuff.

- 1-2 Step Left forward. Pivot 1/2 turn Right.
左足前踏, 右軸轉180度
- 3-4 Make 1/4 turn Right stepping Left to Left side. Flick Right out to Right diagonal. 右轉90度左足左踏, 右足右斜角勾
- 5-6 Step Right behind Left. Make 1/4 Left stepping Left forward. (6.00)
右足於左足後踏, 左轉90度左足前踏(面向6點鐘)
- 7-8 Step Right forward. Scuff Left beside Right.
右足前踏, 左足擦踢

第七段 Step-Scuff (Turning 1/4 Left). Step-Scuff (Turning 1/4 Left). Left-Together. Step-Scuff.

- 1-2 Make 1/4 Left stepping Left forward. Scuff Right beside Left.
左轉90度左足前踏, 右足擦踢
- 3-4 Make 1/4 Left stepping Right forward. Scuff Left beside Right. (12.00) 左轉90度右足前踏, 左足擦踢(面向12點鐘)
- 5-6 Step Left forward. Close Right beside Left.
左足前踏, 右足併踏
- 7-8 Step Left forward. Scuff Right beside Left.
左足前踏, 右足擦踢

第八段 Forward-Touch. 1/2 Turn-Touch. 1/4 Turn-Touch. Side-Touch.

- 1-2 Step Right forward. Touch Left beside Right.
右足前踏, 左足併點
- 3-4 Make 1/2 turn Left stepping Left forward. Touch Right beside Left.
左轉180度左足前踏, 右足併點
- 5-6 Make 1/4 turn Left stepping Right to Right side. Touch Left beside Right. 左轉90度右足右踏, 左足併點
- 7-8 Step Left to Left side. Touch Right beside Left.
左足左踏, 右足併點

TAG: This happens at the END of Wall 1 (3.00) and 4 (12.00)

加拍: 第一面牆(面向3點鐘), 第四面牆(面向12點鐘)

Step. Hold. Pivot 1/2. Step. Hold. Pivot 1/2.

- 1-2 Step Right forward. Hold. 右足前踏, 候
- 3-4 Pivot 1/2 Left. Hold. 左軸轉180度, 候
- 5-6 Step Right forward. Hold. 右足前踏, 候
- 7-8 Pivot 1/2 Left. Hold. 左軸轉180度, 候
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