

Drop the Beat

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Karl-Harry Winson (UK) - August 2014
音乐: Can't Get Enough (feat. Pitbull) - Becky G. : (Album: Play it Again - iTunes UK)



Intro: 32 Counts (from when the beat starts).....Start on Heavy Beat.....BPM: 136

Forward Rock. Triple Full Turn. Cross-Point. Right Samba Step.

- 1 – 2 Rock Forward on Right. Recover weight back on Left.
- 3&4 Make a Triple full turn Right (On the Spot) stepping: Right, Left, Right.
- 5 – 6 Cross step Left over Right. Point Right out to Right side.
- 7&8 Cross Right over Left stepping slightly forward. Rock Left to Left side. Recover weight on Right.

Cross Step. 1/4 Turn Left. Back Lock-Step. Back Rock. Rock-Flick.

- 1 – 2 Cross step Left over Right. Make 1/4 turn Left stepping Right back.
- 3&4 Step back on Left. Lock Right across Left. Step back on Left.
- 5 – 6 Rock back on Right pushing hips back. Recover weight forward on Left pushing hips forward.
- 7 – 8 Rock back on Right foot pushing hips back. Recover weight on Left flicking Right foot back as you do this.

Cross. Side. Behind Side-Cross. Left Step-Drag. Ball-Cross. Side Step.

- 1 – 2 Cross step Right over Left. Step Left to Left side.
- 3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left. *RESTART: Here on Wall 6
- 5 – 6 Step Big out to Left side. Drag Right up towards Left without weight.
- &7-8 Put weight down onto Right foot. Cross step Left over Right. Step Right to Right side.

Behind Step. Side Step. Cross. Unwind Full Turn Right. Side Touches X2 (With hip sways).

- 1 – 2 Cross Left behind Right. Step Right to Right side.
- 3 – 4 Cross step Left over Right. Unwind Full turn Right with weight ending up on Right.
- 5 – 6 Step Left to Left side (sway hips as you do this). Touch Right toe across Left.
- 7 – 8 Step Right to Right side (sway hips as you do this). Touch Left toe across Right.

Left Chasse. Cross Rock. Right Chasse. Cross Step. Side Step.

- 1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.
- 3 – 4 Cross rock Right over Left. Recover weight back on Left.
- 5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 7 – 8 Cross step Left over Right. Step Right to Right side.

Left Sailor 1/4 Turn. Syncopated Heel Grinds Right & Left. Ball-Cross. 1/4 Turn Right.

- 1&2 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.
- 3 – 4 Grind Right heel forward and slightly across Left. Recover weight on Left.
- &5-6 Step Right beside Left. Grind Left heel forward and slightly across Right. Recover weight on Right.
- &7-8 Step Left beside Right. Cross step Right over Left. Make 1/4 turn Right stepping Left back.

1/8 Turn Right. Forward Step. Right Extended Shuffle Forward. Hitch. Left Coaster Step.

- 1 – 2 Make 1/8 turn Right towards the corner (10.30). Step forward on Left,
- 3&4 Step Right forward. Close Left beside Right. Step forward on Right.
- &5-6 Close Left beside Right. Step forward on Right. Hitch Left knee up.
- 7&8 Step back on Left. Step Right beside Left. Step forward on Left.

Step. Pivot 1/2 turn Left. Full Turn Left. Right Modified Rocking Chair.

- 1 – 2 Step forward on Right. Pivot 1/2 turn Left towards back corner (4.30).
- 3 – 4 Make 1/2 turn Left stepping Right back (10.30). Make 1/2 turn Left stepping Left forward (4.00).
- 5 – 6 Rock forward on Right. Recover weight back on Left.
- 7 – 8 Rock back on Right straightening up to the 6 o'clock Wall. Recover weight forward on Left.

***RESTART: On Wall 6 (6.00 Wall), Modify Counts 1 – 4 with a Weave 1/4 turn to take you to the front Wall.**

- 1 – 4 Cross Right over Left. Step Left to Left side. Cross Right behind Left. Make 1/4 Left stepping Left forward.

Contact: karlwinsondance@hotmail.com or 07792984427
