

# Drop the Beat

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Karl-Harry Winson (UK) - August 2014  
音乐: Can't Get Enough (feat. Pitbull) - Becky G. : (Album: Play it Again - iTunes UK)



**Intro: 32 Counts (from when the beat starts).....Start on Heavy Beat.....BPM: 136**

## **Forward Rock. Triple Full Turn. Cross-Point. Right Samba Step.**

- 1 – 2      Rock Forward on Right. Recover weight back on Left.
- 3&4      Make a Triple full turn Right (On the Spot) stepping: Right, Left, Right.
- 5 – 6      Cross step Left over Right. Point Right out to Right side.
- 7&8      Cross Right over Left stepping slightly forward. Rock Left to Left side. Recover weight on Right.

## **Cross Step. 1/4 Turn Left. Back Lock-Step. Back Rock. Rock-Flick.**

- 1 – 2      Cross step Left over Right. Make 1/4 turn Left stepping Right back.
- 3&4      Step back on Left. Lock Right across Left. Step back on Left.
- 5 – 6      Rock back on Right pushing hips back. Recover weight forward on Left pushing hips forward.
- 7 – 8      Rock back on Right foot pushing hips back. Recover weight on Left flicking Right foot back as you do this.

## **Cross. Side. Behind Side-Cross. Left Step-Drag. Ball-Cross. Side Step.**

- 1 – 2      Cross step Right over Left. Step Left to Left side.
- 3&4      Cross Right behind Left. Step Left to Left side. Cross step Right over Left. \*RESTART: Here on Wall 6
- 5 – 6      Step Big out to Left side. Drag Right up towards Left without weight.
- &7-8      Put weight down onto Right foot. Cross step Left over Right. Step Right to Right side.

## **Behind Step. Side Step. Cross. Unwind Full Turn Right. Side Touches X2 (With hip sways).**

- 1 – 2      Cross Left behind Right. Step Right to Right side.
- 3 – 4      Cross step Left over Right. Unwind Full turn Right with weight ending up on Right.
- 5 – 6      Step Left to Left side (sway hips as you do this). Touch Right toe across Left.
- 7 – 8      Step Right to Right side (sway hips as you do this). Touch Left toe across Right.

## **Left Chasse. Cross Rock. Right Chasse. Cross Step. Side Step.**

- 1&2      Step Left to Left side. Close Right beside Left. Step Left to Left side.
- 3 – 4      Cross rock Right over Left. Recover weight back on Left.
- 5&6      Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 7 – 8      Cross step Left over Right. Step Right to Right side.

## **Left Sailor 1/4 Turn. Syncopated Heel Grinds Right & Left. Ball-Cross. 1/4 Turn Right.**

- 1&2      Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.
- 3 – 4      Grind Right heel forward and slightly across Left. Recover weight on Left.
- &5-6      Step Right beside Left. Grind Left heel forward and slightly across Right. Recover weight on Right.
- &7-8      Step Left beside Right. Cross step Right over Left. Make 1/4 turn Right stepping Left back.

## **1/8 Turn Right. Forward Step. Right Extended Shuffle Forward. Hitch. Left Coaster Step.**

- 1 – 2      Make 1/8 turn Right towards the corner (10.30). Step forward on Left,
- 3&4      Step Right forward. Close Left beside Right. Step forward on Right.
- &5-6      Close Left beside Right. Step forward on Right. Hitch Left knee up.
- 7&8      Step back on Left. Step Right beside Left. Step forward on Left.

**Step. Pivot 1/2 turn Left. Full Turn Left. Right Modified Rocking Chair.**

- 1 – 2 Step forward on Right. Pivot 1/2 turn Left towards back corner (4.30).
- 3 – 4 Make 1/2 turn Left stepping Right back (10.30). Make 1/2 turn Left stepping Left forward (4.00).
- 5 – 6 Rock forward on Right. Recover weight back on Left.
- 7 – 8 Rock back on Right straightening up to the 6 o'clock Wall. Recover weight forward on Left.

**\*RESTART: On Wall 6 (6.00 Wall), Modify Counts 1 – 4 with a Weave 1/4 turn to take you to the front Wall.**

- 1 – 4 Cross Right over Left. Step Left to Left side. Cross Right behind Left. Make 1/4 Left stepping Left forward.

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