

# Sailor Dance

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Gudrun Schneider (DE) - August 2014  
音乐: Sailor Dance - Banaroo



The Dance starts with vocals after the instrumental part

## OUT-OUT, IN-IN, JAZZ BOX WITH CROSS

1-2                      Step right diagonal forward –step left to left side  
3-4                      Step right back, step left beside right  
5-6                      Cross right over left – step left back  
7-8                      Step right to right side, cross left over right

## KICK-BALL-CROSS, SIDE ROCK, SAILOR STEP, SAILOR STEP TURNING ¼ L

1&2                      Kick right diagonal to right side – step right beside left – cross left over right  
3-4                      Step right to right side – recover on left  
5&6                      Cross right behind left – step left to left side – step right to right side  
7&8                      Cross left behind right - ¼ turn left, step right beside left – step left forward (9:00)

## SHUFFLE FORWARD (R-L-R), STEP- ½ TURN, ROCK STEP, COASTER STEP

1&2                      Step right forward, step left beside right, step right forward  
3-4                      Step left forward, ½ turn right (3:00)  
5-6                      Step left forward – recover on right  
7&8                      Step left back – step right beside left – step left forward

## STEP, ¼ TURN L, SHUFFLE ACROSS, SIDE ROCK, SAILOR STEP TURNING ¼ L

1-2                      Step right forward, ¼ turn left (12:00)  
3&4                      Cross right over left – step left to left side – cross right over left  
5-6                      Step left to left side – recover on right  
7&8                      Cross left behind right - ¼ turn left, step right beside left – step left forward (9:00)

## TAG after 1st and 5th rounds (9:00)

### STEP ½ TURN 2X

1-2                      Step right forward, ½ turn left  
3-4                      Step right forward, ½ turn left

## AHOI – HAVE FUN - SMILE

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