Love Is ... (aka Sciatic Cha Cha)

级数: Intermediate - latin style

编舞者: Adrian Churm (UK) - September 2014

拍数: 64

音乐: She Will Be Loved (feat. Maroon 5) - Rhythms del Mundo

Sec 1: Side, back rock, chasse right with ¼ turn, ½ turn right, ½ turn chasse right. 1 – 3 Step left foot to the side, right foot rock back, recover forward onto left. 4&5 Chasse to the right side R,L,R making a 1/4 turn right on count 5 6 - 7Step left foot forward, make a 1/2 turn right, weight ends on right 8&1 ¹/₂ turn chasse L,R,L to the right (ending left foot to the side). [3] Sec 2: Cross behind, ½ turn (unwind) right, cross over, rock recover turn, coaster step. 2 – 3 Cross ball of right foot behind left (starting turn), 1/2 turn right left foot to the side. 4&5 Step right foot across left, left foot to the side (ball of foot), step right foot across left. 6 - 7Rock left foot out to the side recover onto right (start to turn left), 8 & 1 1/4 turn left step left foot back, close right foot next to left, step left foot forward [6] Sec 3: \Box ^{1/2} turn left lock step forward, ^{1/4} sweep right, lock step back, 2 - 3Step right foot forward, make a ¹/₂ turn left (weight ends on left). 4&5 Step right foot forward, cross left behind right, step right foot forward. 6 - 71/4 turn right sweeping left foot around to the front, step onto left foot 8&1 Step right foot back, cross left in front of right, step right foot back. [3] Sec 4: Close, step forward lock step forward, ¼ sweep left, coaster step. 2 - 3Close left foot to right, step right foot forward. 4&5 Step left foot forward, cross right behind left, step left foot forward. 6 – 7 1/2 left sweeping right foot around to the front, step onto right foot. 8&1 Step left foot back, close right foot to left, step left foot forward. [12] Sec 5: Forward rock, ½ turn chasse right, cross in front, unwind ½ right coaster step. 2 – 3 Rock right foot forward, recover onto left (starting to turn right). 4&5 1/2 turn to right as you chasse around R,L,R. 6 - 7Step left foot forward and across the right, unwind ¹/₂ turn right (weight ends on left) 8&1 Step right foot back, close left next to right, step right foot forward. [12] Sec 6: Samba step (pushing hip out)x2, step forward ¼ turn left. 2&3 Step left foot forwards to right diagonal, rock right foot to the side (hip right), recover onto left foot. 4&5 Step right foot forwards to left diagonal, rock left foot out to the side (hip Left), recover onto right foot. 6 – 7 Step left foot forward and across the right slightly to the right diagonal, ¼ turn left step right foot back 8&1 Step left foot back, close right foot to left, step left foot forward. [9] Sec 7: Point Right foot across side, behind, side, in front, point sweep, coaster step. 2 - 3Point right foot across left, point right foot to the side. 4&5 Step right foot behind left, step left foot to the side, step right foot in front of left Point left foot across right, sweep left around out to the left. 6 - 78&1 Step left foot back, close right foot to left, step left foot forward. [9] Sec 8: Forward rock, ½ turn chasse right, cross in front, unwind ½ right coaster step.

- 2 3 Rock right foot forward, recover onto left (starting to turn right).
- 4&5 1/2 turn to right as you chasse around R,L,R.





墙数: 4

- 6-7 Step left foot forward, $\frac{1}{2}$ turn right (weight ends on right)
- 8 1 Step left foot to the side, hold allow weight to settle in the left leg allowing the hip to move left. \Box [9]

Restarts:

Wall 2 facing 6 o'clock dance up to and including count 4 (right foot behind) in the 7th section, restart Wall 5 facing 9 o'clock replace the coaster step on counts 8&1 in the 7th section with a sailor step starting with the right foot ending with the left foot to the side (this will be the first step of the dance again).

Ending: Wall 6 facing 6 o'clock after the $\frac{1}{2}$ turn on counts 6 – 7 in the 8th section simply cross left over right unwind $\frac{1}{2}$ turn right to face the front.

Contact: danceade@hotmail.co.uk