

Andante Andante

COPPER KNOB
BY STEPHEN BRETZ

拍数: 84 墙数: 2 级数: Phrased Intermediate
编舞者: Monica Phillips (UK) & Chris Jackson (UK) - September 2014
音乐: Andante, Andante - ABBA : (Album: Abba Gold Greatest Hits 40th Anniversary)



#32-count intro, start on vocals. – Seq: A, A, B, C, A, B, Tag, C, A, A

PART A – 32 counts

SECTION A1: ROCK, RECOVER/TOUCH, STEP-LOCK-STEP, ROCK, RECOVER/TOUCH, STEP-LOCK STEP

- 1,2,3&4 Rock forward right and angle body to the left, recover left and straighten up and touch right across left, step forward right, lock left behind right, step forward right
- 5,6,7&8 Rock forward left and angle body to the right, recover on right and straighten up and touch left across right, step forward left, lock right behind left, step forward left

SECTION A2: STEP, TURN, CROSS, SIDE, BEHIND, SIDE, SIDE, SAILOR STEP, TOUCH/UNWIND

- 1&2&3&4 Step forward right, pivot a quarter turn left (9.0), cross right over left, left to left side, right behind left, left to left side, right to right side
- 5&6,7,8 Step left behind right, right to right side, left to left side, touch right toe behind left, unwind a half turn to your right (3.0)

SECTION A3: CROSS TWINKLE, CROSS TWINKLE, TWINKLE BACK, SAILOR HALF TURN AND CROSS

- 1&2,3&4 Cross left over right, right to right side, left to left side, cross right over left, left to left side, right to right side
- 5&6,7&8 Cross left behind right, right to right side, left to left side, right behind left making a half turn to your right, left to left side, right to right side (9.0)

SECTION A4: SWAY, SWAY, CHASSE A QUARTER, PIVOT A HALF, PADDLE, PADDLE

- 1,2,3&4 Step left to left side and sway left, step right to right side and sway right, left to left side, right next to left, left to left side making a quarter turn left (6.0)
- 5,6,7&8&& Step forward right, pivot a half turn left, step forward right, paddle a quarter turn left, step forward right, paddle a quarter turn left (6.0)

REPEAT PART A (facing 6.0)

PART B – 36 counts (facing 12.0)

SECTION B1: CROSS, QUARTER, QUARTER, CROSS, QUARTER, HALF, STEP, TURN, CROSS, SIDE, BEHIND, SIDE, CROSS/UNWIND

- 1&2,3&4 Cross right over left, make a quarter turn right stepping back on left, make a quarter turn right stepping right to right side, cross left over right, make a quarter turn left stepping back on right, make a half turn left stepping forward on left (9.0)
- 5&6&7&8 Step forward right, pivot a quarter turn left, cross right over left, left to left side, right behind left, left to left side, cross right over left and unwind a half turn left (12.0)

SECTION B2: BACK ROCK, HALF, LOCK STEP BACK, BACK ROCK HALF, COASTER CROSS

- 1&2, 3&4 Rock back on left, recover on right, make a half turn right stepping back on left, step back right, lock left in front of right, step back right (6.0)
- 5&6, 7&8 Rock back on left, recover on right, make a half turn right stepping back on left, step back on right, left next to right, cross right over left (12.0)

SECTION B3: OVER, SIDE, BEHIND, BEHIND, SIDE, CROSS, ROCK AND CROSS, QUARTER, QUARTER, CROSS

- 1&2,3&4 Cross left over right, right to right side, left behind right, cross behind left, left to left side, cross right over left

5&6,7&8 Rock left to left side, recover on right, cross left over right, make a quarter turn left stepping back on right, make a quarter turn left stepping left to left side, cross right over left (6.0)

SECTION B4: AND CROSS, RONDE, BEHIND, SIDE, CROSS AND CROSS, RONDE/HALF TURN, BEHIND, SIDE, CROSS

&1,2,3&4 Left to left side, cross right over left, ronde right from front to back, step right behind left, left to left side, cross right over left

&5,6,7&8 Left to left side, cross right over left, ronde right from front to back making a half turn to your right, step right behind left, left to left side, cross right over left (12.0)

SECTION B5: AND CROSS, RONDE, BEHIND, SIDE, CROSS, SIDE

&1,2,&3,4& Left to left side, cross right over left, ronde right from front to back, right behind left, left to left side, cross right over left, left to left side

PART C – 16 counts (facing 12.0)

SECTION C1: SWAY RIGHT, SWAY LEFT, FULL TURN RIGHT, SWAY LEFT, SWAY RIGHT, FULL TURN LEFT

1,2,3&4 Step right to right side and sway right, step left to left side and sway left, make a full turn to your right stepping right/left/right

5,6,7&8 Step left to left side and sway left, step right to right side and sway right, make a full turn to your left stepping left/right/left

SECTION C2: STEP FORWARD RIGHT, SWEEP, LEFT, SWEEP, COASTER FORWARD, STEP BACK LEFT, SWEEP, RIGHT, SWEEP, COASTER BACK

1,2,3&4 Step forward right, sweep left from back to front, step forward left, sweep right from back to front, step forward right, left next to right, step back on right

5,6,7&8 Step back left, sweep right from front to back, step back right, sweep left from front to back, step back left, right next to left, step forward left

REPEAT PART A (facing 12.0)

REPEAT PART B (facing 6.0)

TAG: WALK, WALK, STEP-TURN-STEP, WALK, WALK, SHUFFLE LEFT

1, 2, 3&4 Step forward right, step forward left, step forward right, pivot a half turn left, step forward right

5, 6, 7&8 Step forward left, step forward right, step forward left, right next to left, step forward left

REPEAT PART C (facing 12.0)

REPEAT PART A (facing 12.0) – PAUSE!

REPEAT PART A (facing 6.0)

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