Make Me Forget The Star



拍数: 32 编数: 2 级数: High Intermediate

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音乐: Rouh - Maya Nasri



Start Dancing on vocal

I. Forward, Scissor, Turning, Walk, Kick Gently, Step Back, Touch

1 Step L forward (12:00)

2&3 Long step R to side – Step L next to R – Cross R over L (12:00)

4&5 Turn ¼ to right step L back – Turn ½ to right step R forward – Step L forward (09:00)

6&7 Step R forward – Step L forward – Kick R forward gently (09:00)

8&1 Step R back – Step L back – Touch L toe back (09:00)

II. Turn, Forward, Touch, Cross, Side, Turn, Scissor, Full Turn, Forward, Beside

Turn ½ to right moving weight on R – Step L forward – Touch R behind L (03:00)
 Cross R over L – Step L side – Turn ¼ to right long stepping R to side dragging your L

(06:00)

6&7 Step L next to R – Cross R over L – Turn ¾ to right hitch your L (weight on R)

8& Step L forward – Step R beside L (03:00)

III. Nightclub Basic L, Syncopation Vine, Travelling Turn, Step and Press, Full Turn

1-2& Long stepL to side – Rock R behind L – Recover on L (03:00)

3-4&5 Long step R to side – Step L behind R – Step R side – Cross L over R (03:00)

Turn ¼ right stepping R forward – Turn ½ right stepping L back – Turn ¼ right step and press

R to side (03:00)

8 Switch weight to L and turning full (03:00)

(option: switch weight on L dragging R to L)

IV. Diamond, Syncopation Vine, Turn, Touch

1 Long step R to side (03:00)

Turn 1/8 right stepping L forward (04:30) – Step R forward – Squaring L side (06:00)
 Turn 1/8 right stepping R back (07:30) – Step L back – Squaring R side (09:00)

6&7 Step L behind R – Turn ¼ right stepping R forward – Step L forward

8& Turn ½ left stepping R back – Touch L beside R

Variation

After wall 1 change last step (touch) to step together and do this variation movement:

Step R to side – Step L next to R – Cross R over L
 Step L to side – Step R next to L – Cross L over R
 Touch R over L – Turn ½ left and move weight to R

7-8& Step L back – Rock R back – Recover on L

Step R to side – Step L next to R – Cross R over L
 Step L to side – Step R next to L – Cross L over R
 Touch R over L – Turn ½ left and move weight to R

7-8& Turn ½ left sweeping L behind R – Step L back – Step R to side

On wall 4 after 16 count change step & (Step R beside L) to (Touch R beside L) and do the same variation movements above but change the last sweep turn from ½ to ¼ facing (12:00)

Tags:-

Do this Tag after wall 2

1 Step L to side

2&3 Rock R behind L – Recover on L – Step R to side

4&5 Rock L behind R – Recover on R – Step L to side

Rock R behind L – Recover on L – Turn ¼ to right stepping R forward
Turn ½ to right stepping L back – Turn ¼ to right stepping R forward

Do this Tag after wall 5

1 Step L to side

2&3 Rock R behind L – Recover on L – Step R to side

4& Rock L behind R – Recover on R

No Restarts!

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