|  |  |
| --- | --- |
| Polka Stomp |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **拍数:** | 36 | **墙数:** | 0 | **级数:** |  | . |
| **编舞者:** | Jim Wells (USA) & Judy Wells (USA) | | | | |
| **音乐:** | What Am I Waiting For - George Strait | | | | |
| . | | | | | | |

**STOMPS, SWIVELS, TOUCH & STOMP**

|  |  |
| --- | --- |
| 1-2 | Right foot stomp in place twice |

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| --- | --- |
| 3-4 | Swivel heels right and center |

|  |  |
| --- | --- |
| 5-6 | Swivel heels right and center (on count 6, place weight on right foot) |

|  |  |
| --- | --- |
| 7 | Left heel touch forward |

|  |  |
| --- | --- |
| 8 | Left foot stomp in place (no weight on it) |

**POLKA STEPS, HEEL TOUCH, STOMP**

|  |  |
| --- | --- |
| 9&10 | Polka forward-left-right-left |

|  |  |
| --- | --- |
| 11&12 | Polka forward-right-left-right |

|  |  |
| --- | --- |
| 13&14 | Polka forward-left-right-left |

|  |  |
| --- | --- |
| 15 | Right heel touch forward |

|  |  |
| --- | --- |
| 16 | Right foot stomp in place (weight on it) |

**HEEL TOUCHES, STOMPS, ¼ TURN, STOMPS, CLAP**

|  |  |
| --- | --- |
| 17 | Left heel touch forward |

|  |  |
| --- | --- |
| 18 | Left foot stomp in place |

|  |  |
| --- | --- |
| 19 | Left heel touch forward |

|  |  |
| --- | --- |
| 20 | Left foot stomp in place (weight on it) |

|  |  |
| --- | --- |
| 21 | Cross right over left as you make a ¼ turn to the left (uncrossing) |

|  |  |
| --- | --- |
| 22 | Stomp left in place |

|  |  |
| --- | --- |
| 23 | Stomp right in place (weight on it) |

|  |  |
| --- | --- |
| 24 | Clap hands |

**LEFT VINE WITH A STOMP, POLKA STEPS**

|  |  |
| --- | --- |
| 25 | Step to left on left foot |

|  |  |
| --- | --- |
| 26 | Step behind left foot with right foot |

|  |  |
| --- | --- |
| 27 | Step to left on left foot |

|  |  |
| --- | --- |
| 28 | Stomp right next to left (no weight on it) |

|  |  |
| --- | --- |
| 29&30 | Polka forward-right-left-right |

|  |  |
| --- | --- |
| 31&32 | Polka forward-left-right-left |

**¼ TURN, STOMP, ROCK STEP**

|  |  |
| --- | --- |
| 33 | Cross right over left as you make a ¼ turn to the left |

|  |  |
| --- | --- |
| 34 | Stomp left in place (weight on it) |

|  |  |
| --- | --- |
| 35 | Step back on right |

|  |  |
| --- | --- |
| 36 | Rock forward on left |

**REPEAT**