|  |  |
| --- | --- |
| It's Ok I'm Ok |  |

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| . | | | | | | |
| **拍数:** | 32 | **墙数:** | 4 | **级数:** | Beginner / Improver | . |
| **编舞者:** | Vee Trias (INA) - September 2024 | | | | |
| **音乐:** | It's ok I'm ok - Tate McRae | | | | |
| . | | | | | | |

**Intro: 16c (Approximately 00:13)**

**\*1 Restart: On Wall 5 after 16c\***

**\*S1. WALK FORWARD (R-L), FORWARD MAMBO, WALK BACKWARD (L-R), COASTER STEP\***

|  |  |
| --- | --- |
| 1-2 | Step R forward - Step L forward |

|  |  |
| --- | --- |
| 3&4 | Rock R forward - Recover on L - Step L back |

|  |  |
| --- | --- |
| 5-6 | Step L back - Step R back |

|  |  |
| --- | --- |
| 7&8 | Step L back - Step R together - Step L forward |

**\*S2. TOE TOUCH, SAILOR STEP, TOE TOUCH, SAILOR STEP TURN ¼ LEFT\***

|  |  |
| --- | --- |
| 1-2 | Touch R cross over L - Touch R to side |

|  |  |
| --- | --- |
| 3&4 | Cross R behind L - Step L to side - Step R to side |

|  |  |
| --- | --- |
| 5-6 | Touch L cross over R - Touch L to side |

|  |  |
| --- | --- |
| 7&8 | Turn ¼ left cross L behind R - Step R to side - Step L to side |

**\*S3. DIAGONAL LOCK SHUFFLE, JAZZBOX TURN ¼ RIGHT\***

|  |  |
| --- | --- |
| 1&2 | Step R diagonal forward - Lock L behind R - Step R diagonal forward |

|  |  |
| --- | --- |
| 3&4 | Step L diagonal forward - Lock R behind L - Step L diagonal forward |

|  |  |
| --- | --- |
| 5-6 | Cross R over L - Turn ¼ right step L back - Step R to side - Step L forward |

**\*S4. KICK BALL TOUCH, JAZZBOX TURN ¼ RIGHT\***

|  |  |
| --- | --- |
| 1&2 | Kick R forward - Step R together - Touch L to side |

|  |  |
| --- | --- |
| 3&4 | Kick L forward - Step L together - Touch R to side |

|  |  |
| --- | --- |
| 5-8 | Cross R over L - Turn ¼ right step L back - Step R to side - Step L forward |

**Have fun and happy dancing!**