

Hold My Hand

Compte: 32

Mur: 4

Niveau: Intermediate



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Musique: Hold My Hand - Maher Zain

Dance starts after 32 counts of Intro

S1: Forward Sweep 2x – Forward, Recover, Sweep – Behind Side Cross – Sway

1-2 Step R forward, Sweep L to front – Step L Forward, Sweep R to front (12.00)
3&4 Step R forward – Recover on L – Step R Back, Sweep L to back
5&6 Step L behind on R – Step R to side – Step L over R
7&8 Step R to side sway hip to R – L – R (drag L close to R) (12.00)

S2: Basic Night Club 2x – Basic Night Club Forward – Pivot ½ - Full Turn

1 – 2& Step L to side – Step R behind L – Recover on L (12.00)
3 – 4& Step R to to side – Step L behind R – Recover on R
5 -6& Step L to side – Step R back – Recover on L
7 – 8& Step R forward – Step L Forward – Pivot ½ to right Step R Forward (06.00)

#Restart Here on Wall 2 – 4 – 6 (Change the 8& : Pivot ½ to Right and hold weight on L)

S3: Step Forward – Full Turn Left – Lock Shuffle Forward – Jazz Box ¼ Turn – Press Forward

1 Step L Forward
2&3 Turn ½ Left, Step R back – Turn ½ Left, Step L forward – Step R forward (06.00)
4&5 Step L forward – Step R behind L – Step L forward
6&7 Step R over L – Turn ¼ Right, Step L back – Step R to side (09.00)
8 Step L press forward (Bend knee) (09.00)

#Restart Here on Wall 9 (Change the 4& : Step L Forward – Touch R close to L)

S4: ½ Turn Sweep – Step Behind Side Cross– Step Side Cross – Turn ¼ , ¼ to Right , ¼ , ¼ to Left

1 Recover on R, Turn ½ Left Sweep L (03.00)
2&3 Step L behind R – Step R to side – Step L over R (03.00)
4&5 Step R to side – Recover on L – Step R over L
6&7 Turn ¼ to Right, Step L back – Turn ¼ to Right, Step R to side – Step L over R
8& Turn ¼ to Left, Step R back – Turn ¼ to Left, Step L to side (03.00)

#Restart on Walls : 2 – 4 – 6 – 9

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