

Back at Mama's

Compte: 32

Mur: 4

Niveau: Improver / Intermediate

Chorégraphe: Michel Platje (NL) & Anita Zwiers (NL) - August 2014

Musique: Meanwhile back at Mama's by Tim McGraw and Faith Hill



Restart: 4th wall after 20 counts and 8th wall after 4 counts.

Scissor steps, $\frac{3}{4}$ turn shuffle

- 1 RF step to right side
- & LF step next to RF
- 2 RF cross over LF
- 3 LF step to left side
- & RF step next to LF
- 4 LF cross over RF
- 5 RF step $\frac{1}{4}$ turn back (face 21.00)
- 6 LF step $\frac{1}{2}$ turn left face(15.00)
- 7 RF step forward
- & LF step behind RF
- 8 RF step forward (15.00)

Triple $\frac{1}{2}$ turn, Lockstep $\frac{1}{2}$ turn, coasterstep, touch

- 1 LF Step forward $\frac{1}{2}$ turn right (21.00)
- & RF step to LF
- 2 LF step forward (21.00)
- 3 RF step $\frac{1}{4}$ left
- & LF step $\frac{1}{4}$ left over RF
- 4 RF step Backwards (15.00)
- 5 LF step backwards
- & RF step next to LF
- 6 LF step forward
- 7 RF touch to right side $\frac{1}{4}$ turn (12.00)
- 8 RF touch to right side $\frac{1}{4}$ turn (21.00)

Sailorstep, Sailorstep $\frac{1}{2}$ turn, touch forward, Heel touch

- 1 RF step back diagonal behind LF
- & LF step to left side
- 2 RF step forward
- 3 LF step behind RF $\frac{1}{2}$ left
- & RF step to right side
- 4 LF step forward (15.00)
- 5 RF touch toe forward
- & RF recover weight
- 6 LF touch toe forward
- & LF recover weight
- 7 RF touch heel forward
- & RF recover weight
- 8 LF touch behind RF

Shuffle, full turn pivot twice

- 1 LF Step forward
- & RF step next to LF
- 2 LF step forward

- 3 RF step backward $\frac{1}{2}$ left(21.00)
- 4 LF step forward $\frac{1}{2}$ turn left (15.00)
- 5 RF step forward $\frac{1}{2}$ turn left
- 6 LF take weight
- 7 RF step forward $\frac{1}{2}$ turn left
- 8 LF take weight (15.00)

Last update - 18th Sept 2014

Contact: info@michelplatje.nl
