

# You Are In My Heart

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 120

**Mur:** 4

**Niveau:** Phrased Intermediate

**Chorégraphe:** Zhuqing Yu (CN) - August 2014

**Musique:** I Cry - Flo Rida



**Intro: 32 counts - Sequence: A , A , B , B32 , A , A , B , B32 , C , C , D , B , B**

## **A (32 count) :**

### **(1-8) Point cross, kick ball change, back shuffle , Bottom up body roll**

- 1-2 Point L cross over R(1), Step L to L(2)
- 3-4 Point R cross over L(3), Step R to R(4)
- 5&6 1/4 turn L stepping L kick forward(5), Step L next to R(&), touch R back(6) (9:00)
- 7&8 Recover weight on R(7), Step L next to R(&), Step R back(8)(you can bottom up body roll)

### **(9-16 ) Step out, 3/4 turn L, Hitch, Right shuffle**

- 1-2 Step L out(1), Step R out(2)
- 3-4 1/4 turn L stepping L forward(3), 1/4 turn L stepping R to R(4) (3:00)
- 5-6 1/4 turn L stepping L to L(5), Hitch R diagonal (6) (12:00)
- 7&8 Step R to R(7), Step L next to R(&), Step R to R(8)

### **(17-24 ) Rock, Bend knee, Cross, 1/4 turn L**

- 1-2 Step left forward bending & popping right knee(1), Recover weight on R bending & popping left knee(2)
- 3-4 Recover weight on L bending & popping right knee(3), Recover weight on R bending & popping left knee(4)
- &5 Step L back(&), Step R cross over L(5)
- 6&7-8 Hold(6), Step L to L(&), Step R cross over L(7), 1/4 turn L stepping forward(8)

### **(25-32 ) Twist heels, Roll body , Pump chest forward**

- 1-2 Step R forward(1), twist heels to right side(2)
- 3-4 Twist heels back(3), Step R back(4)
- 5&6 Pump chest forward , back, forward
- 7-8 Step L in place ( 7 , Step R forward(8)

## **B: (36 count) :**

### **(1-8) Kick ball change, Point side, Dig R forward, Forward shuffle**

- 1-2 Step L forward(1), Step R forward(2)
- 3&4& Kick L forward(3), Step L next to R(&), Point R to R(4), Step R next to L(&)
- 5&6& Point L to L(5), Step L next to R(&), Dig R forward(6), Step R next to L(&)
- 7&8 L forward shuffle

### **(9-16) Full turn, Side Shuffle, Rock**

- 1-2 1/4 turn R stepping R forward(1), 1/4 turn R stepping L to L(2)
- 3-4 1/2 turn R stepping R to R(3), Point L to L(4)
- 5&6 Step L to L shuffle
- 7-8 Rock R back(7), Recover weight on L(8)

### **(17-24) Point, Clockwise roll hip, Chairstep**

- 1-2 Point R diagonal (1), Clockwise roll hip (2)
- 3-4 Clockwise roll hip
- 5-6 Rock R forward(5) , Recover weight on L(6)
- 7-8 Rock R back(7), Recover weight on L(8)

**(25-32 ) Rock, Full turn, Triple 1/2 turn , Left mambo**

- 1-2 Rock R forward(1), Recover weight on L(2)
- 3-4 1/2 turn R stepping R forward(3), 1/2 turn R stepping L back(4)
- 5&6 1/2 turn R stepping R forward shuffle
- 7&8 Rock L to L(7), Recover weight on R(&), Step L next to R(8)

**(33-36) Sway hip 4 times**

- 1-2 Step L to L swaying hip left(1), Sway hip right(2)
- 3-4 Sway hip left,right

**C (32 count) :**

**(1-8) 1/2 pivot turn, Step out, Rock body, Jump step together**

- 1-2 Step R forward(1), 1/2 pivot turn L ( 2 )
- 3-4 Step R forward(3), Step L out(4)
- 5-6 Step R out moving shoulders right, left
- 7-8 Move shoulders center, Jump step together

**(9-16) 1/2 pivot turn, Step out, Rock body, Jump step together**

- 1-2 Step R forward(1), 1/2 pivot turn L ( 2 )
- 3-4 Step R forward(3), Step L out(4)
- 5-6 Step R out moving shoulders right, left
- 7-8 Move shoulders center(7), Jump step together(8)

**(17-24 ) Back, Touch, Forward**

- 1-2 Walk back R, L
- 3-4 Step R back(3), Touch L next to R(4)
- 5-6 Walk forward L, R
- 7-8 Step L forward(7), Step R to R(8)

**(25-32)Rock body, Rock, Cross**

- 1-2 Step L to L Rocking body to L(1), Rock body to R(2)
- 3-4 Step L in place (3), Cross R Point Behind L(4)
- 5-6 Step R to R(5), Cross L Point behind R(6)
- 7-8 step L to L(7), Step R next to L(8)

**D ( 20 count ) :**

**(1-8) Point cross,Kick forward cross,**

- 1-2 Point L cross over R(1), Step L to L(2)
- 3-4 Point R cross over L(3), Step R to R(4)
- 5-6& Kick L forward cross over R 2 times(5-6), Step L next to R(&)
- 7-8& Kick R forward cross over L 2 times(7-8), Step R next to L(&)

**(9-16) Jump, Full turn Point**

- 1&2& Jump R to R(1),Touch L next to R(&), Jump L to L(2), Touch R next to L(&)
- 3&4 Jump R to R(3),Touch L next to R(&),Step L to L(4)
- 5-6-7-8 1/4 turn L pointing R to R(5), then do same 3 times(6-7-8)

**(17-20 ) Twist hip, raise arms, open arms on side**

- 1-2 Step R to R, twist hip to R, raise R arm above head(1), Twist hip to L , raise L arm above head(2)
- 3-4 twist hip to R, open arms on body side(3), Put down arms(4)

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