

All About That Bass

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Gail A. Dawson (USA) - July 2014

Musique: All About That Bass - Meghan Trainor



32 count intro

Modified Rumba Boxes

- 1-2 Right foot step to the right, left foot steps beside right
- 3-4 Right foot steps forward, left foot taps beside right
- 5-6 Left foot taps to the left, then beside right
- 7-8 Hip roll (alternate move – another tap out and back) weight ends up on right

- 1-2 Left foot step to the left, right foot steps beside left
- 3-4 Left foot steps back, right foot taps beside left
- 5-6 Right foot taps to the right, then beside left
- 7-8 Hip roll (alternate move – another tap out and back) weight ends up on left

Vine

- 1-2 Right foot steps to the right, left crosses behind right
- 3-4 Right foot steps to the right, left heel touches diagonally forward
- 5-6 Left foot steps to the left, right foot crosses behind left
- 7-8 Left foot steps to the left, right heel touches diagonally forward

Toe Struts and Hip Rolls

- 1-2 Step forward on right toe, drop heel taking weight
- 3-4 step forward on left toe, drop heel taking weight
- 5-6 Hip roll 1/8th turn to the left (counter clockwise)
- 7-8 Hip roll 1/8th turn to the left (counter clockwise)

Start again

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