

Keeper Of My Heart

Compte: 64

Mur: 4

Niveau: Newcomer



Chorégraphe: Tjwan Oei (NL) - July 2014

Musique: Keeper of My Heart - Mona McCall

\$01: □ Right side step – Together – Kick ball cross – Kick ball cross – Right side rock – Recover

1-2-3&4 RF. step to the right side – LF. step together – RF. kick forward – RF. set ball down – LF. cross over RF.

5&6-7-8 RF. kick forward – RF. set ball down – LF. cross over RF. – RF. step to the right side – Recover weight onto LF.

\$02: □ Step fwd– Side touch– Cross fwd– Side touch– Step back – Side touch – Step behind – Side touch

1-2-3-4 RF. step forward – LF. touch to the left side – LF. cross over RF. – RF. touch to the right side

5-6-7-8 RF. step back – LF. touch to the left side – LF. cross behind RF. – RF. touch to the right side

\$03: □ Rock fwd. – Recover – Right chasse – Rock fwd. – Recover – Left chasse with ¼ turn left

1-2-3&4 RF. rock forward – Recover weight onto LF.– RF. step to the right side – LF. step together – RF. step to the right

5-6-7&8 LF. rock forward – Recover weight onto RF. – LF. step to the left side – RF. step together – LF. step to the left [09.00]

\$04: □ Rock fwd. – Recover – Triple ½ turn right – Triple ½ turn right – Rock back – Recover

1-2-3&4 RF. rock forward – Recover weight onto LF. – RF. step ¼ turn right – LF. step ¼ turn right – RF. step together

5&6-7-8 LF. step ¼ turn right – RF. step ¼ turn right – LF. step together – RF. rock back – Recover weight onto LF.

\$05: □ Right side step – Behind – Side – Cross – Step ½ turn left back – Left side rock – Recover – Cross

1-2-3-4 RF. step to the right side – LF. step behind RF. – RF. step to the right side – LF. cross over RF.

5-6-7-8 RF. step ½ turn left back – LF. step to the left side – Recover weight onto RF. – LF. cross over RF. [03.00]

\$06: □ Rock fwd. – Recover – Shuffle fwd. – Rock fwd. – Recover – Shuffle fwd.

1-2-3&4 RF. step forward – Recover weight onto LF. – RF. step forward – LF. step together – RF. step forward

5-6-7&8 LF. step forward – Recover weight onto RF. – LF. step forward – RF. step together – LF. step forward

\$07: □ Rocking chairs – Jazz box

1-2-3-4 RF. step forward – Recover weight onto LF. – RF. step back – Recover weight onto LF.

5-6-7-8 RF. cross over LF. – LF. step back – RF. step to the right side – LF. step together

\$08: □ Paddle full turn left with hips sway

1-8 RF. step ¼ turn left forward with hip sway to the right – LF. step together with hip sway to left (4 x)

Start again

Happy dancing ,.....Veel dansplezier

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