

Life of Brian

Compte: 64

Mur: 2

Niveau: Easy Intermediate



Chorégraphe: Videbæk Group - July 2014

Musique: Always Look On the Bright Side of Life - Monty Python

Sec. 1: □Step, lock, step, brush x2,

1,2,3,4 Step R forward, Lock L behind R, Step R forward, brush L (Look out...R "shadowhand")
5,6,7,8 Step L forward, Lock R behind L, Step L forward, brush R (Look out... L "shadowhand")

Sec. 2: □Jazzbox ¼ turn, Vine, syncopated Vine

1,2,3,4 Cross R in front of L, ¼ R stepping back L, Step R to R side, step L across R
5,6&7,8 Step R to R side, step L behind R, step R to R side, step L across R, step R to R side

Sec. 3: □Toestrut x2, kick ball point x2

1,2,3,4 Touch L toe forward, step down onto L, touch R toe forward, step down onto R (finger snaps)
5&6 kick L forward, step down onto L, Point R to R side
7&8 kick R forward, step down onto R, Point L to L side

Sec. 4: □cross rock, chasse, sailor ¼, step ½ turn

1,2,3&4 Rock L across R, recover onto R, step L to L side, step R together, step L to L side
5&6 step R behind L, ¼ turn R stepping L to L side, step forward R
7,8 step forward onto L, ½ R stepping forward R

Sec. 5: □step, scuff, step, scuff, rock step, tripple full turn

1,2,3,4 step forward L, scuff R, step forward R, scuff L (hands in side)
5,6 rock L across R, recover onto R
7&8 full triple turn L,R,L

(easy option 7&8 coaster step)

Sec. 6: cross, side, sailor step, cross, side, sailor ¼ turn

1,2 step R across L, step L to L side,
3&4 step R behind L, step L to L side, step R to R side
5,6 step L across R, step R to R side,
7&8 step L behind R, ¼ L stepping R, step L to L side

Sec. 7: □syncopated vine x 2, chasse

1,2&3 step R to R side, step L behind R, step R to R side, step L across R
4,5&6 step R to R side, step L behind R, step R to R side, step L across R
7&8 step R to R side, step L together, step R to R side (prep for turn)

Sec. 8: □¼ turn L, full turn L, brush, Lock step x2

1,2,3,4 ¼ L stepping forward L, ½ turn L stepping back R, ½ turn L stepping forward L, brush R
5&6 step forward R, step L behind R, step forward R
7&8 step forward L, step R behind L, step forward L

ENDING: sec. 6 count 7&8 Sailor ½ turn

Choreographers: Alice Laursen, Åse Jensen, Hans Pitters, Tine Abildgaard, Kirsten Hjort, Anni Elleby, Lene Jensen, Bente Larsen, Solvejg Bach, Christina Rasmussen, Bente Christensen, Grethe Andersen, Kirsten Boelsmand, Majbritt Herold, Helle Traun, Michael Appel, Grethe Egebæk, Helle Refstrup, Betty Jensen, Lisbeth Ginnerup, Hanne Lauridsen, Linette Jakobsen, Bodil Hylleberg, Susanne Houmøller, Lise Astrup with a little help from Hanne Pitters, Birthe Tygesen.

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