

# Best Day Of My Life

**COPPER** KNOB  
BY STEPHEN

**Compte:** 48

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Hayley Wheatley (UK) - July 2014

**Musique:** Best Day of My Life - American Authors : (Album: Oh, What A Life)



**Intro:- 16 count - Tag: On wall 3 add 2 beat Tag then Restart.**

## **SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER, COASTER ¼ TURN,**

- 1-2 Rock left foot to left side, recover onto right foot
- 3&4 Cross left foot over right, step right to right side, cross left foot over right
- 5-6 Rock right foot to right side, recover onto left
- 7&8 Coaster step right, left, right while making ¼ turn right (3:00)

## **STEP, PIVOT ½ TURN, SHUFFLE, ROCKING CHAIR STEP, STEP PIVOT ¼ TURN**

- 1-2 Step forward on left, pivot ½ turn right (9:00)
- 3&4 Step forward on left foot, step right foot next to left, step forward on left foot
- 5&6& Rock forward on right foot, recover onto left, rock back on right foot, recover onto left
- 7-8 Step forward on right foot, pivot ¼ turn left (6:00)

## **WALK FORWARD, HEEL BALL STEP X2 MAKING ¼ TURN, ROCK FORWARD, RECOVER**

- 1-2 Step forward on right foot, step forward on left foot
- 3&4 Tap right heel forward, step right foot next to left, step onto left foot making 1/8 turn left
- 5&6 Tap right heel forward, step right foot next to left, step onto left foot making 1/8 turn left (3:00)
- 7-8 Rock forward on right foot, recover onto left

## **SHUFFLE BACK, ROCK BACK, RECOVER, ROCKING CHAIR STEP, STEP PIVOT ¼ TURN,**

- 1&2 Step back on right foot, step left next to right, step back on right foot
- 3-4 Rock back on left foot, recover onto right
- 5&6& Rock forward on left foot, recover onto right, rock back on left foot, recover onto right
- 7-8 Step forward on left foot, pivot ¼ turn right (6:00)

## **ROCK, RECOVER, ½ TURN WALK, ROCK RECOVER, SHUFFLE BACK**

- 1 -2 Rock forward onto left foot, recover onto right
- 3-4 Step forward onto left foot making ½ turn over left shoulder, step forward onto right (12:00)
- 5-6 Rock forward onto left foot, recover onto right
- 7&8 Step back on left foot, step right foot next to left, step back on left foot

## **SHUFFLE ½ TURN, SIDE ROCK, RECOVER, JAZZ BOX**

- 1&2 Step back on right foot making ¼ turn right, step left next to right, step forward on right foot making ¼ turn right
- 3-4 Rock left foot to left side, recover onto right
- 5-6 Cross left foot over right, step back on right foot
- 7-8 Step left foot to left side, step forward onto right foot.

**Tag: During wall 3 after count 44**

- 1-2 Stomp left foot forward, stomp right foot forward then restart the dance again.

**Contact:** [hcwheatley@live.com](mailto:hcwheatley@live.com) [www.facebook.com/hcwheatley](http://www.facebook.com/hcwheatley) [twitter@hayleywheatley.com](https://twitter.com/hayleywheatley)