

# Born To Run

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Leif Kristiansen (DK) - June 2014

**Musique:** Born to Run - Ester Brohus



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## **Lockstep right, lockstep left, pivot turn L, step , pivot ¼ turn R, cross**

- 1 & 2 Step right forward, left onto right, step right forward
- 3 & 4 Step left forward, right onto left, step left forward
- 4 & 5 Step right forward, pivot turn, step right forward
- 6 & 7 Step left forward, pivot turn, cross left over right

## **Chasse right, back rock, chasse left, back rock**

- 1 & 2 Step right to right, left onto right, step right to right
- 3 - 4 Rock back left, recover
- 5 & 6 Step left to left, right onto left, step left to left
- 7 - 8 Rock back right, recover

## **Shuffle forward R+L, rock forward, ½ turn shuffle**

- 1 & 2 Step right forward, left onto right, step right forward
- 3 & 4 Step left forward, right onto left, step left forward
- 5 - 6 Rock forward, recover
- 7 & 8 Shuffle ½ turn right, stepping – right, left, right

## **½ turn shuffle, back rock, Right rock/cross, left rock/cross**

- 1 & 2 Shuffle ½ turn right, stepping – left, right, left
- 3 - 4 Rock back right, recover
- 5 & 6 Rock right to right, recover, cross right over left
- 7 & 8 Rock left to left, recover, cross left over right

## **Start again**

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