

# Better Days

**COPPER** **KNOB**  
STEPSHEETS

Compte: 80

Mur: 2

Niveau: Phrased Low Intermediate

Chorégraphe: BM Leong (MY) - June 2014

Musique: Shun Shun Guo Re Zhi – Li Xiao Zhen



SOD: ABC/ABCC/ABB

Intro: 48 counts.

( Jiu Huan Ru Meng by Hacken Lee 李克勤 - 旧欢如梦 can also be used but the sequence of dance is ABCC/ABCC/ABB )

(A) - 32 counts

**SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH**

1-2 Step R to right side, step L together

3-4 Step R to right side, touch L together

( Do 2 small ccw circular movements with both palms )

5-6 Step L to left side, cross-touch R behind L

7-8 Step R to right side, cross-touch L behind R

( Push both hands forward and pull both elbows back )

**SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOUCH, SIDE, TOUCH**

1-8 Do a mirror of above 8 counts starting with L

**FORWARD ROCK, TRIPLE 1/2 TURN RIGHT, FORWARD ROCK, COASTER STEP**

1-2 Rock R forward, recover onto L

3&4 Triple 1/2 turn right on RLR

5-6 Rock L forward, recover onto R

7&8 Coaster step on LRL

**POINT, TOGETHER, POINT, TOGETHER, JAZZ BOX**

1-2 Point R to right side raising left hand, step R together

3-4 Point L to left side raising right hand, step L together

5-6 Cross R over L, step L back

7-8 Step R to right side, step L together

(B) - 32 counts

**FORWARD, HOLD, CROSS, HOLD, BACK, HOLD, SIDE, HOLD**

1-2 Step R forward, hold

3-4 Cross L over R, hold

5-6 Step R back, hold

7-8 Step L to left side, hold

**RIGHT LINDY, MONTEREY 1/2 TURN LEFT**

1&2 Cha cha to right side on RLR

3-4 Cross L behind R, recover onto R

5-8 Monterey 1/2 turn left on LLRR

**FORWARD, HOLD, CROSS, HOLD, BACK, HOLD, SIDE, HOLD**

1-2 Step L forward, hold

3-4 Cross R over L, hold

5-6 Step L back, hold

7-8 Step R to right side, hold

**LEFT LINDY, MONTEREY 1/2 TURN RIGHT**

1&2 Cha cha to left side on LRL  
3-4 Cross R behind L, recover onto L  
5-8 Monterey 1/2 turn right on RRL

**( C ) - 16 counts**

**ROCKING CHAIR 1/4 TURN RIGHT, RIGHT & LEFT DIAGONAL FORWARD CHA CHA**

1-2 Rock R forward, recover onto L  
3-4 Turning 1/4 right step R back, recover onto L  
5&6 Right diagonal forward cha cha on RLR with fist rolls  
7&8 Left diagonal forward cha cha on LRL with fist rolls

**ROCKING CHAIR 1/4 TURN RIGHT, RIGHT & LEFT DIAGONAL FORWARD CHA CHA**

1-2 Rock R forward, recover onto L  
3-4 Turning 1/4 right step R back, recover onto L  
5&6 Right diagonal forward cha cha on RLR with fist rolls  
7&8 Left diagonal forward cha cha on LRL with fist rolls

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