Light On



Compte: 34 Mur: 2 Niveau: Intermediate NC2

Chorégraphe: Debbie McLaughlin (UK) - April 2014

Musique: Light On - Rebecca Ferguson : (Album: Freedom - Bonus Track)



Count in: After 4 counts

SIDE BACK ROCK. 1/4 TURN SWEEP.	CDOSC BACK 1/ TUBN	CTCD 1/ THDN 1/ THDN	
SIDE BACK ROLK % TORN SWEEP	CRUSS BACK % LURIN	SIFF % IURN % IURN	DALK KULK

1 2&	Step L to L side, Rock R behind L, Recover onto R
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3 4&	Make ¼ turn R stepping R forward and sweeping L around, Cross L over R, Step R back
5 6&	Make ½ turn L stepping L forward, Step R forward, Make ½ turn R stepping L back

7 8& Make ¼ turn R stepping R to R side, Rock L behind R, Recover forward onto R

SIDE, CROSS ROCK SIDE ROCK BACK ROCK, SIDE BACK ROCK 1/4 TURN, 1/2 TURN RUN RUN

1 2&	Stan I hig stan to I side	, Cross rock R over L, Recover onto L	
1 Z 🗙	Step L big step to L side	, Closs fock it over L, recover onto t	_

3&4& Rock R out to R side, Recover onto L, Rock R behind L, Recover onto L

5 6& Step R big step to R side, Rock L behind R, Recover onto R

7 8& Make ¼ turn R stepping back on L, Make ½ turn R stepping R forward, Step L forward

SWEEP, CROSS SIDE BEHIND, BEHIND 1/4 TURN STEP, FULL TURN ROCK RECOVER

1 2&	Step R forward and sweep L around, Cross L over R, Step R to R side
3 4&	Cross L behind R and sweep R around, Cross R behind L, make ¼ turn L stepping L forward

5 6& Step R forward (prep for full turn R), Make ½ turn R stepping L back, Make ½ turn R stepping

R forward

7 8 Rock forward on L, Recover back onto R

1/4 TURN SWAY SWAY TOGETHER

1 2& Make ¼ turn L and sway L to L side, Sway to R, Step L beside R

WALK WALK STEP ½ TURN ¼ SWEEP, CROSS ROCK RECOVER, CROSS ¼ TURN ¼ TURN CROSS

1 2 Walk forward R, Walk forward L (Cross over slightly on the walks)

3 4& Step R forward, Pivot ½ turn L taking weight forward onto L, Make ¼ L sweeping R around

5 6& Cross R over L, Rock L out to L side, Recover onto R

7&8& Cross L over R, Make ¼ turn L stepping back on R, Make ¼ turn L stepping L to L side,

Cross R over L

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