

Be My Girl

Compte: 64

Mur: 4

Niveau: Improver



Chorégraphe: Lynn Sawyer (UK) - May 2014

Musique: Be My Girl (feat. Sam Palladio & Jonathan Jackson) - Nashville Cast : (Album: Nashville Soundtrack)

[1 – 8] Rock back recover, chasse right, cross unwind 3/4, left shuffle

- 1,2,3&4 Rock back right, recover onto left, right to side, left to right, right to side
5,6,7&8 Cross left over right, unwind $\frac{3}{4}$ right keeping weight on right foot, step forward left, step right to left, step left forward (9 o'clock)

[9 – 16] Jazz jumps forward & back, rock back, recover, prissy walks

- &1,2,&3,4 Jump forward right & left, hold & clap, jump back right & left, hold & clap,
3,4,5,6 rock back right, recover onto left, prissy walks right & left

[17 – 24] Kick & point, heel switches, cross unwind

- 1&2,3&4 Kick right forward, replace & point left to left side, kick left forward, replace & point right to right side
&5&6,7,8 Step right next to left, point left to left side, step left next to right, point right to right side, cross right over left & unwind half turn left taking weight onto right foot (3 o'clock)

[25 – 32] Rock recover, shuffle, right side and side touch

- 1,2,3&4 Rock back left, recover onto right, forward shuffle L,R,L
5,6&7,8 step right forward making $\frac{1}{4}$ turn left & hold, step left to right, step right to right, touch left to right (12 o'clock)

[33 – 40] Heel Switches, rock recover, $\frac{1}{2}$ shuffle, full turn

- 1&2&3,4 Touch left heel forward, step left next to right, touch right heel forward, step right next to left, rock forward left, recover onto right,
5&6,7,8 shuffle half turn left, right, left, step right making half turn left, step left making half turn left, (6 o'clock)

[41 – 48] Rock, recover, sweep right, left, coaster

- 1,2,3-4 Rock forward right, recover onto left, slow sweep back right,
5-6,7&8 slow sweep back left, step back right, step left to right, step forward right

[49 – 56] Cross point twice, rolling vine, scuff

- 1,2,3,4 Cross left over right, point right to right side, cross right over left, point left to left side,
5,6,7,8 Step down on left making $\frac{1}{4}$ left, step right making $\frac{1}{2}$ turn left, step left to side making $\frac{1}{4}$ turn left, scuff right

[57 – 64] Cross rock, recover, chasse $\frac{1}{4}$, jazzbox

- 1,2,3&4 Cross rock right over left, recover onto left, step right to side, step left to right, step right to side making $\frac{1}{4}$ turn right
5,6,7,8 cross left over right, step back on right, step left to side, touch right to left (9 o'clock)

Restart: Wall 2 replace full turn with rock forward on right foot, recover onto left start again.

Tag: end of wall 4 land right foot on last count of jazz box repeat counts 61 – 64 start again

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