

# Calm

**Compte:** 48

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Uschi Thiele - May 2014

**Musique:** Calm After the Storm - The Common Linnets : (NL - Eurovision 2014)



## **Point , Point, Sailor Step , Point , Point Sailor Step**

- 1-2 Right toe in front, right toe ride side,  
3&4 Cross right behind left ,Step left to left side, Step right to place  
5-6 Left toe in front, left toe left side  
7&8 Cross left behind right side, Step right to right side, Step left to place

## **Cross Rock, Chassé, Weave ( right side )**

- 1-2 Cross rock forward on right , rock back onto left  
3&4 Step right to right side, Close left beside right, Step Right to right side  
5-8 Cross left over right , Step right to right side, Cross left behind right, Step right to right side

## **Cross Rock, Chassé, Weave ( left side )**

- 1-2 Cross rock forward on left, rock back onto right,  
3&4 Step left to left side, Close, right beside left, Step left to left side  
5-8 Cross right over left, Step left to left side, Cross right behind left, Step left to left side

## **Rock Forward , ½ Triple Turn, Rock Forward ½ Triple Turn**

- 1-2 Rock forward on right , rock back onto left  
3&4 Triple step ½ turn right, Stepping right left right  
5-6 Rock Forward on left, rock back onto right,  
7&8 triple step ½ Turn left stepping left, right, left

## **Heel Switches, Rock Forward Triple ½ Turn right**

- 1&2& Touch right heel forward, Step right beside left, Touch left heel forward,  
3&4 Step left beside right , Step right forward, Step right beside left, Step left back onto place  
5-6 Rock forward on right , Rock back onto left,  
7&8 triple step ½ turn right Stepping right -left – right on place

## **Rock Forward, Coaster Step, Step ½ Turn left, Step ½ Turn Left**

- 1-2 Rock Forward on left, Rock back onto right,  
3&4 Step back left, Step right beside left, Step forward left  
5-8 Step forward right pivot ½ Turn ( on both balls, feet changing weight and do not leave floor )  
Step forward right , pivot 1/s Turn

**Have Fun !**

**Contact:** [uschi@bluerodeoliners.de](mailto:uschi@bluerodeoliners.de)