

# My Heart is Filled .... (With You)

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Annette Haslund (DK) - September 2013

**Musique:** You Got Me - Colbie Caillat : (Album: Breakthrough - iTunes)



## Intro (28 count)

### R+L TOE STRUT, R ROCK STEP, R SHUFFLE ½ TURN

1 - 4 Step R toe forward, drop R heel (weight on R), Step L toe forward, drop L heel (weight on L)\*

**\* Restart dance after 4 count on wall 10**

5 - 6 Rock R forward, recover on L

7&8 ¼ turn R stepping R to side, step L together, ¼ turn R stepping R to side (6 o'clock)

### L+R TOE STRUT, L ROCK STEP, L SHUFFLE ½ TURN

1 - 4 Step L toe forward, drop L heel (weight on L), Step R toe forward, drop R heel (weight on R)

5 - 6 Rock L forward, recover on R

7&8 ¼ turn L stepping L to side, step R together, ¼ turn L stepping L to side (12 o'clock)

### R VINE CROSS, SIDE ROCK, CROSS SHUFFLE

1 - 4 Step R to R side, step L behind R, step R to R side, cross L over R

5 - 6 Rock R to R side, recover on L

7&8 Cross R over L, step R to R side, cross R over L (12 o'clock)

### R ¼ TURN, R ½ TURN, L SHUFFLE, R ROCKING CHAIR

1 - 2 ¼ turn stepping back on L, ½ turn stepping forward on R (9 o'clock)

3&4 Step forward on L, step R together, step forward on L

5 - 8 Rock R Forward, recover on L, Rock R back, recover on L

## RESTART THE DANCE

**Restart: on wall 10 after the first 4 count (6 o'clock)**

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**Last Update - 10th Dec 2014**

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