

# Meat and Potato Man

**COPPER KNOB**  
BY SHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** Absolute Beginner



**Chorégraphe:** Karen Tripp (CAN) - April 2014

**Musique:** Meat and Potato Man - Alan Jackson : (Album: When Somebody Loves You - 2:28)

Wait 32 counts (start on lyrics), right lead

## [1-8] □ RIGHT VINE 3 WITH STOMP (no wt), TOE FANS

- 1-4 Step side right, cross left behind, step side right, stomp left (no weight)  
5-8 Fan left toe to the left, back to center front, out to left, back to center front

## [9-16] □ LEFT VINE 3 WITH STOMP (no wt), TOE FANS

- 9-12 Step side left, cross right behind, step side left, stomp right (no weight)  
13-16 Fan right toe to the right, back to center front, out to right, back to center front

## [17-24] □ FORWARD, POINT SIDE 4X

- 17-18 Step forward on right, point left toe to left side  
19-20 Step forward on left, point right toe to right side  
21-22 Step forward on right, point left toe to left side  
23-24 Step forward on left, point right toe to right side

## [25-32] □ JAZZ BOX ¼ RIGHT, 2 TOE STRUTS

- 25-26 Cross right over left, step back on left  
27-28 Turn ¼ right and step right, step left together  
29-30 Step right toe forward, drop heel  
31-32 Step left toe forward, drop heel (3:00) \*\*

## OPTIONAL ENDING

This dance has 7 repetitions plus 16 counts of the 8th repetition. For a special ending that will leave you facing 12:00 o'clock, the second time you do the Jazz Box at the 6:00 wall (Wall 7), turning to face the 9:00 wall, do the Two Toe Struts to turn facing 12:00. The dance will then finish after 16 counts (vines & fans) facing 12:00.

Choreographer: Karen Tripp, Cranbrook, BC, Canada

Email: [karen@trippcentral.ca](mailto:karen@trippcentral.ca) - Website: [www.trippcentral.ca/dance](http://www.trippcentral.ca/dance) □