

# Medicine

**COPPER** **KNOB**  
BY STEPSHEETS

**Compte:** 56

**Mur:** 2

**Niveau:** Phrased Easy Intermediate



**Chorégraphe:** Gloria Stone (USA) - April 2014

**Musique:** Medicine (feat. Blake Shelton) - Shakira : (CD: Shakira - iTunes )

**Phrasing:** A – A – B – A – A – A – B – A – A – B – A – A - ENDING □

**Step sheet provided by:** SneakesNSpurs@neo.rr.com

**Start on “much” with lyric Blake Shelton’s “think too much” (17 seconds)**

## **PART A - 32 COUNTS**

### **ROCK FORWARD RIGHT, TRIPLE BACK, ROCK BACK LEFT, TRIPLE ½ TURN**

1,2,3&4 Rock forward Right, Recover Left, Triple back Right, Left, Right

5,6,7&8 Rock back Left, Recover Right, Triple Left, Right, Left turning ½ turn to right □6:00

### **STEP BACK RIGHT, LOCK LEFT OVER RIGHT, LOCKING TRIPLE, OUT, OUT, HOLD, RAMBLE**

1,2,3&4 Step back Right, lock Left in front of Right, Locking triple, Right, Left, Right, Step Left

&5,6,7&8 Step left to left, Step right to right, Hold, Ramble right heel, toe, heel

### **ROCK LEFT, RECOVER, CROSSING TRIPLE, ¼ TURN, ¼ TURN, KICK BALL CHANGE**

1,2,3&4 Rock Left, Recover, Cross Left over Right, Step Right to Right, Cross Left over Right

5,6,7&8 Step back Right ¼ turn left, Step Left ¼ turn left, Kick Right forward, Step Right, Step Left □12:00

### **ROCK RIGHT, RECOVER, CROSSING TRIPLE, ¼ TURN, ¼ TURN, CROSS ROCK, RECOVER, STEP**

1,2,3&4 Rock Right, Recover Left, Cross Right over Left, Step Left to left, Cross Right over Left

5,6,7&8 Step Left back ¼ turn right, Step Right forward ¼ turn right, Rock Left over Right, Recover Right, Step Left home □6:00

## **PART B – Lyric “You’re My Medicine” □ - 24 counts**

### **CROSS ROCK, RECOVER, TRIPLE RIGHT, CROSS ROCK, RECOVER, TRIPLE LEFT □**

1,2,3&4 Rock Right over Left, Recover, Step Right to right, Step Left together, Step Right to right [7:30]

5,6 7&8 Rock Left over Right, Recover, Step Left to left, Step Right together, Step Left to left [7:30]

### **MODIFIED JAZZ BOX, STEP TOUCH, STEP, STEP TOGETHER**

1-4 Cross Right over Left, Step Left back, Step Right to right, Touch Left

5-8 Step Left to left, Touch Right, Step Right to right, Step Left together

### **ROCKING CHAIR, SWAY X4**

1-4 Rock Right forward, Recover Left, Rock Right back, Recover Left

5-8 Step Right to right as you sway your hips right, left, right, left (weight ends on Left)

## **ENDING - 8 COUNTS**

### **PIVOT ½ TURN, ROCK, RECOVER, SWAY X4**

1-4 Step Right forward, Pivot ½ turn left (weight left), Rock Right forward, Recover left □12:00

5-8 Step Right to right as you sway your hips right, left, right, left (weight ends on Left)

**HAVE FUN !!!**

**Contact:** SneakersNSpurs@neo.rr.com

