

# Celtic Heartbeat

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Maggie Gallagher (UK) - March 2014

Musique: Heartbeat (feat. Kasey Smith) - Can-Linn : (iTunes)



## Intro: 8 Counts

### S1: STEP, TOUCH & HEEL & WALK, FWD ROCK, ½ SHUFFLE

- 1-2 Step forward on right, Touch left toe behind right  
&3& Step back on left, Tap right heel forward, Step right next to left  
4-5-6 Walk forward left, Rock forward right, Recover on left  
7&8 ½ right stepping forward right, Step left next to right, Step forward on right [6:00]

### S2: STEP, TOUCH & HEEL & WALK, FWD ROCK, ½ SHUFFLE

- 1-2 Step forward on left, Touch right toe behind left  
&3& Step back on right, Tap left heel forward, Step left next to right  
4-5-6 Walk forward right, Rock forward left, Recover on right  
7&8 ½ left stepping forward left, Step right next to left, Step forward left [12:00] \*Restart 3

### S3: ¼ SIDE ROCK & SIDE ROCK, CROSS, SIDE ROCK & SIDE

- 1-2 ¼ left rocking right to right side, Recover on left [9:00]  
&3-4 Step right next to left, Rock left to left side, Recover on right  
5-6-7 Cross left over right, Rock right to right side, Recover on left  
&8 Step right next to left, Step left to left side \*Restart 1

### S4: ROCK BACK, CHASSE, ROCK BACK, KICK BALL CROSS

- 1-2 Rock back on right, Recover on left  
3&4 Step right to right side, Step left next to right, Step right to right side  
5-6 Rock back on left as body opens slightly to left diagonal, Recover on right  
7&8 Kick left forward, Step left next to right, Cross right over left

### S5: (moving left) TOE & HEEL & TOE & HEEL & SIDE ROCK, BEHIND SIDE CROSS

- 1&2 Tap left toe behind right heel (keeping weight on right), Step left to left side, Tap right heel across left  
&3&4 Step onto right in place, Tap left toe behind right heel (keeping weight on right), Step left to left side, Tap right heel across left  
&5-6 Step right next to left, Rock left to left side, Recover on right  
7&8 Cross left behind right, Step right to right side, Cross left over right

### S6: HOLD BALL CROSS, SIDE ROCK, TRIPLE FULL TURN, CROSS POINT

- 1&2 HOLD, Step slightly back on right, Cross left over right  
3-4 Rock right to right side, Recover on left  
5&6 Triple full turn right stepping right, left, right [9:00]  
7-8 Cross left over right, Point right to right side

### S7: R SAILOR, L SAILOR, STEP ½ PIVOT X 2

- 1&2 Cross right behind left, Step left to left side, Step right next to left  
3&4 Cross left behind right, Step right to right side, Step left next to right \*Restart 2  
5-6 Step forward right, ½ pivot left [3:00]  
7-8 Step forward right, ½ pivot left [9:00]

### S8: WALK, HOLD & WALK, POINT, WALK BACK L, R, L COASTER

- 1-2 Walk forward on right, HOLD

&3-4 Step left next to right, Walk forward on right, Point left toe forward  
5-6 Walk back left, Walk back right  
7&8 Step back on left, Step right next to left, Step forward left

**RESTART 1: Wall 2 after 24 counts [6:00]**

**TAG: 4 counts at the end of Wall 3, which is the first 4 counts of the dance [3:00]**

1-2 Step forward right, Touch left toe next to right  
&3&4 Step back left, Tap right heel forward, Step right next to left, Walk forward left

**RESTART 2: Wall 4 after 52 counts [12:00]□□**

**RESTART 3: Wall 6 after 16 counts [9:00]**

**SPECIAL THANKS TO JANE KENRICK FOR SUGGESTING THE MUSIC**

Contact: [www.maggiieg.co.uk](http://www.maggiieg.co.uk)

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