

# Dance Keeps Me Alive

**COPPER** **KNOB**  
BY STEPSHETS

**Compte:** 48

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Jane Nilsson (SWE) & Matz Nilsson (SWE) - April 2014

**Musique:** Keeps Me Alive - Jay Smith : (CD: King of man, iTunes)



## 12 counts intro

### S1: Basic forward, step back, sweep

- 1-3 Step right forward, step left beside right, step right beside left
- 4-6 Step left back, sweep right round to back (2 counts)

### S2: Basic backwards, step forward, sweep

- 1-3 Step right back, step left beside right, step right beside left
- 4-6 Step left forward, sweep right round to front (2 counts)

### S3: Cross, ¼ turn right x 2, basic forward

- 1-3 Cross right over left, make ¼ turn right stepping left back, make ¼ turn right stepping right to right side
- 4-6 Step left forward, step right beside left, step left beside right

### S4: Long step right, drag, touch, turn left ¼, ½, ½

- 1-3 Step right long step to right, drag left to right, touch left beside right
- 4-6 ¼ turn left stepping forward left, ½ turn left stepping back right, ½ turn left stepping forward left.

### S5: Cross, point, hold, cross, point, hold

- 1-3 Cross right over left, point left to left side, hold
- 4-6 Cross left over right, point right to right side, hold

### S6: Twinkle backwards right, twinkle backwards left

- 1-3 Cross right behind left, step left to left side, step right beside left
- 4-6 Cross left behind right, step right to right side, step left beside right

### S7: Weave left, touch, hold

- 1-3 Cross right over left, step left to left side, cross right behind left
- 4-6 Step left to left side, touch right beside left, hold

### S8: Turn ¼, ½, ½ right, ¼ step turn right, step forward

- 1-3 ¼ turn right stepping forward on right, ½ turn right stepping back on left, ½ turn right stepping forward on right
- 4-6 Step left forward, ¼ turn right (weight ends on right), step forward on left

**Restart 1: Wall 3 after 42 counts, facing 9 o'clock**

**Restart 2: Wall 6 after 36 counts, facing 6 o'clock**

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