

Gone, How long?

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Henning Joergensen (DK) - April 2014

Musique: How Long - Dire Straits : (CD: On Every Street)



Start 16 ct. After heavy beat

Section 1: Step hold, ball step, rock shuffle ½ turn; pivot ½ turn

1-2 Step R fw hold;
&3-4 step L together, rock R fw recover to L
5&6 Step R ¼ R, step L together, step R ¼ R.
7-8 Step L fw, turn ½ R taking weight on R foot.

Section 2: Step hold, ball step, rock shuffle ½ turn; pivot ½ turn

1-2 Step L fw, hold
&3-4 Step R together, rock L fw, recover to R
5&6 Step L ¼ L, step R together, step L ¼ L.
7-8 Step R fw, turn ½ L taking weight on L foot

Section 3: Point, heel jacks, point , sailorstep, cross behind unwind

1&2 Point R to the R, step R next to L, touch L heel fw
&3&4 Step L next to R, touch R heel fw, step R next to L, point L to L
5&6 Cross L behind R, step R next to L, step L fw
7-8 Touch R behind L, turn ½ R unwinding and take weight on R

Section 4: Pivot ¼ R, cross shuffle, cross rock, coasterstep

1-2 Step L fw, turn ¼ R taking weight on R foot.
3&4& step L across R, step R to R, cross L over R, step R to R
5-6 Rock L in front of R, recover to R
7&8 step L back, R next to L, step L fw

Tag: After 1 wall - Rocking chair:

1-4 Rock R fw, recover to L, rock R backw, recover to L

Restart: on 5. Wall after section 2

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