

Hold On

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Phil Partridge (UK) - March 2014

Musique: I Hold On - Dierks Bentley : (CD: Riser)



Intro: 32 count, start on lyrics - No Tags/Restarts

Walk Forward X2, Anchor Step, Back Sweep, Behind, Side, Cross & Cross

1,2,3&4 Walk Right, walk Left, Right Anchor Step
5,6&7&8 Step back on Left & sweep Right foot behind Left, step Right behind Left, step Left to Left side, cross Right over Left, step Left to Left side, cross Right over Left

Side Rock, Recover, Behind ¼, Step Ball Rock, Recover, Coaster Step

1, 2, 3&4& Side rock Left, recover, step Left behind Right, ¼ turn Right stepping onto Right, Step Fwd onto Left, step fwd onto Right (3.00)
5, 6, 7&8 Fwd rock Left, recover, Left coaster step

Walk Forward X2, Anchor Step, Walk Back X2, ¼ Left, Cross Right

1, 2, 3&4 Walk Right, Left, Right Anchor Step
5,6,7,8 Step Back Left, step back Right, ¼ left stepping Left to Left side, cross Right over Left (12.00)

Side Rock, Recover, Behind Side Cross, Kick Ball Cross, Side Right, Touch,

1,2,3&4 Side rock Left, recover, step Left behind Right, step Right to Right side, cross Left over Right
5&6, 7, 8 Right kick ball cross, step right to Right side, touch Left beside Right

¾ Rolling Vine Left ¼ Chasse, Step ½ Pivot, Right Shuffle,

1, 2, 3&4 ¼ Left stepping fwd on Left, ½ Left stepping back Right, ¼ Left chasse Left
5, 6, 7&8 Step fwd Right, ½ pivot turn left, Right shuffle fwd (6.00)

Side, behind, Chasse Left, Step ½ Pivot, Kick Ball Step,

1,2,3&4 Step Left to Left side, step Right behind Left, chasse Left
5, 6, 7&8 Step Right, ½ pivot turn Left, Right kick ball step (12.00)

Jazz Box, Step Forward, Step Forward, Touch Left, Back ¼ Side

1,2,3,4 Cross Right over Left, step back on Left, step Right to Right side, step fwd Left
5,6,7,8 Step fwd Right, touch left behind Right, step back on Left, 1/4 turn right stepping Right to Right side (3.00)

Cross, Side, Sailor ¼, Step Forward ½ Turn Back Rock Back Recover

1,2,3&4 Cross Left over Right, step Right to Right side, sailor ¼ turn Left (12.00)
5,6,7,8 Step fwd Right, ½ turn Right stepping back Left, rock back on Right, recover fwd L (6.00)

Contact: www.philthefloor.co.uk