

Gravy Train

Compte: 32

Mur: 4

Niveau: Beginner / Improver - Polka

Chorégraphe: Séverine Fillion (FR) - January 2014

Musique: Gravy Train - Kimberly Kelly



Intro : 30 seconds

[1-8] TAP, DIAGONALLY KICK, BEHIND SIDE CROSS (RIGHT & LEFT)

- 1-2 Tap right toe next to left, Kick right diagonally right fwd
- 3&4 Right cross behind left, left to left, right cross over left
- 5-6 Tap left toe next to right, Kick left diagonally left fwd
- 7&8 Left cross behind right, right to right, left cross over right

[9-16] TRIPLE STEP FWD (R & L), OUT OUT, IN IN, CLAP, SNAP

- 1&2 Triple step right – left – right diagonally right fwd
- 3&4 Triple step left – right – left diagonally left fwd
- &5 Right step diagonally right fwd, left step diagonally left fwd (slightly appart)
- &6 Right step back in center, left step next to right
- 7-8 Clap, Snap both hands up (at shoulder height)

*** Restart here on wall 5 at 12 :00**

[17-24] STEP 1/2 TURN, KICK BALL CHANGE, STEP TOUCH, BACK SCOOT, TRIPLE BACK

- 1-2 Right step fwd, ½ turn left (weight on left) 6 :00
- 3&4 Kick right fwd, right ball next to left, left in place
- 5-6 Right step fwd, touch left just behind right
- & Scoot on right backward
- 7&8 Triple step left – right – left backward

[25-32] COASTER STEP, STEP 1/4 TURN, GALLOP DIAGONALLY LEFT FWD

- 1&2 Right step back, left next to right, right step fwd
- 3-4 Left step fwd, ¼ turn right (weight on right) 9 :00
- 5&6 Diagonally left fwd : left fwd, right next to left, left fwd
- &7&8 Right next to left, left fwd, right next to left, left fwd

Option : On counts 5 to 8 you can « play lasso » with your right hand up!!

Start again and enjoy !!

RESTART on 5th wall at 12h00 after 16 counts
