

Impossible Heart

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Mike Hitchen (UK) - March 2014

Musique: Impossible Heart - Paloma Faith : (Album: A Perfect Contradiction - iTunes)



Note: There are 2 Restarts - Wall: 2, Wall: 5, Both After 32 counts On Same Wall

16 count intro start on vocals, Note 6 0 clock wall only danced once

Step Lock, Step Lock Step Rock Step, 1/4 Chasse Left

- 1-2 Step right forward, Lock left behind right.
- 3&4 Step right forward, Lock left behind right, Step right forward.
- 5-6 Rock left forward, Recover to right.
- 7&8 Step left 1/4 turn left, Step right together, Step left to side

Cross Right Over Left, 1/4 Turn Right, 1/4 Turn Chasse, Cross Rock, 2 X 1/4 Turns Left.

- 1-2 Cross right over left, Turn 1/4 turn right Stepping left back.
- 3&4 Step right 1/4 turn right, Step left together, Step right to side.
- 5-6 Cross rock left over right, Recover right.
- 7&8 Step left 1/4 turn left, Step right 1/4 turn left.

Step left back, Sweep Right, Sweep left, Left Sailor Right Sailor.

- 1-2 Step left back, Sweep right,
- 3-4 Step right back, Sweep left,
- 5&6 Step left behind right, Step right to side. Step left to side.
- 7&8 Step right behind left, Step left to side, Step right to side.

Jazz Box 1/4 Turn Left, Side Rock Cross Shuffle.

- 1-2 Cross left over right, Turn 1/4 turn left Stepping right back.
- 3-4 Step left to side, Cross right over left.
- 5-6 Rock left to side, Recover to right.
- 7&8 Cross left over right, Step right to side, Cross left over right. (Restart here)

3/4 Turn Left, Right Shuffle, Rock Step, Shuffle 1/2 Turn.

- 1-2 Turn 1/4 turn left stepping right back, Turn 1/2 turn left stepping left forward.
- 3&4 Step right forward, Step left together, Step right forward.
- 5-6 Rock forward on left, Recover to right.
- 7&8 Step left 1/4 turn left, Step right together, Step left 1/4 turn left.

Turn Touch, Step Touch, Coaster Step, Walk Walk.

- 1-2 Step right forward 1/4 turn left, Touch left beside right.
- 3-4 Step left to side, Touch right beside left
- 5&6 Step right back, Step left together, Step right forward.
- 7-8 walk forward left, Walk forward right.

Rock Step, Shuffle 1/2 Turn Left, 3/4 Triple Turn left, Coaster Step.

- 1-2 Rock forward on left, Recover to right.
- 3&4 Step left 1/4 turn left, Step right together, Step left 1/4 turn left.
- 5&6 3/4 Triple turn left on the spot RLR.
- 7&8 Step left back, Step right together, Step left forward.

2 X Toe Struts, kick and touch, kick and touch

- 1-2 Touch right toe forward, Step down on heel.

3-4 Touch left toe forward, Step down on heel.
5&6 Kick right forward. Step on right, Touch left to side.
7&8 kick left forward, Step on left, Touch right to side.

Contact: mike.hitchen777@gmail.com
