

Blue Moon

Compte: 48

Mur: 4

Niveau: Improver



Chorégraphe: K. Sholes (USA) - March 2014

Musique: Blue Moon (Power Remix) - Power Music Workout : (Album: Biggest Loser Workout Mix 50's Hits)

[1-8] Step, Together, Step, Touch X 2 (with jazz hands)

1-4 Step R to side, Step L together, Step R to side, Touch L next to R.

5-8 Step L to side, Step R together, Step L to side, Touch R next to L.

(Hold R hand to right with fingers splayed, hold L hand across waist - fingers the same for 4 counts...reverse hand position when going left)

[9-24] Step-lock-step-scuff, Heel taps, Toe taps. Back step-lock-step-touch, Out-out In-in, Hops w/claps

1-4 Step R diagonally to right, Lock L behind R, Step R diagonally, Scuff L.

5-8 Tap L heel forward twice, Tap L toes behind twice.

1-4 Step L back diagonally, Lock R in front of L, Step L back, Touch R.

&5 6 &7 8 Hop out R, L, Clap. Hop in L, R, Clap. (Weight is on R foot)

[25-40] Repeat above steps [9-24] to L...weight is on L foot

[41-48] Rocking chair, 1/4 turn, Shuffles

1-4 Rock forward R, Recover L, Rock back R, Recover L.

5&6 7&8 Step R 1/4 to left, Step L together, Step R forward. Step L forward, Step R together, Step L forward.

Begin Again! Enjoy!

Contact: karensholes@hotmail.com
