

# Dance From The Heart

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Very Easy Intermediate

**Chorégraphe:** Jan Wyllie (AUS) - February 2014

**Musique:** We'll Dance - Heartbeat



16 count intro,

## Rock Recover Coaster Back Toe Struts Fwd x 2

1,2 Rock/step fwd on L, Rock/recover wt back on R  
3&4 Step back on L, Step R beside L, Step fwd on L (coaster)  
5,6 Step R toe fwd, Drop R heel to floor  
7,8 Step L toe fwd, Drop L heel to floor

## R Kick Ball Change x 2 Side Rock Recover Step Across Hold

9&10 Kick R fwd, Step R beside L, Step L beside R (kick ball change)  
11&12 Kick R fwd, Step R beside L, Step L beside R (kick ball change)  
13,14 Rock/step R to right, Rock/recover wt sideways onto L  
15,16 Step R across L, Hold

## Side Rock Recover Cross Shuffle 1/4 Shuffle Fwd Step Pivot 1/4

17,18 Rock/step L to left, Rock/recover wt sideways onto R  
18&20 Step L across R, Step R to right, Step L across R (cross shuffle)  
21&22 Making 1/4 right Step fwd on R, Step L beside R, Step fwd on R (shuffle fwd)  
23,24 Step fwd on L, Pivot 1/4 right transferring wt to R

## Cross Toe Strut Side Toe Strut Jazz Box

25,26 Step L toe across R, Drop L foot (toe strut)  
27,28 Step R toe to right, Drop R foot (toe strut)  
29,30,31,32 Step L across R, Step back on R, Step L to left, Step R beside L (jazz box )

**\*There are 2 'Tags' in this dance - at the end of walls 4 and 8**

**Easy rocks.... Like this.....**

## Rock Fwd Recover Back Rock Back Recover Fwd

1,2 Rock/step fwd on L, Rock/recover wt back on R  
3,4 Rock/step back on L, Rock/recover wt fwd on R

**This is an easy little dance that might appeal to all those 'club dancers' out there.**

**Hope you enjoy the simplicity of both the dance and the song.**

**See you on the floor sometime.... Jan**

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