

Marina

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Lars Kuif (NL) - February 2014

Musique: Marina - Chico & The Gypsies



Info: 137 Bpm, Start after 4 counts (on beat)

[1 – 8] Walk Fwd. R+L, R Shuffle Fwd., Reverse Sailor Cross L+R

- 1 – 2 Step R fwd., step L fwd.
- 3 & 4 Step R fwd., step L next to R, step R fwd.
- 5 & 6 Step L across L, step R to side, step L to side
- 7 & 8 Step R across L, step L to side, step R to side

[9 – 16] L Rock Fwd., Recover, Triple Step Full Turn L, R Side Step, Together, R Shuffle Fwd.

- 1 – 2 Step L fwd., recover to R
- 3 & 4 ¼ turn L stepping L to side, ½ turn L stepping R back, ¼ turn L stepping L fwd.
- 5 – 6 Step R to side, step L next to R
- 7 & 8 Step R fwd., step L next to R, step R fwd.

[17 - 24] L Side Step, Together, L Shuffle Back, ½ Shuffle Turn R, L Step Fwd, ¼ Turn R

- 1 – 2 Step L to side, step R next to L
- 3 & 4 Step L back, step R next to L, step L back
- 5 & 6 ¼ turn R stepping R to side, step L next to R, ¼ turn R, stepping R fwd.
- 7 – 8 Step L fwd., ¼ turn R recovering weight to R

[25 – 32] L Cross, R Flick, R Reverse Sailor Cross, L Rock, Recover, L Coaster Step Back

- 1 – 2 Step L across R, R flick behind L
- (Note: dance 1st wall up to 1-2 and add Mambo - Touch)
- 3 & 4 Step R across L, step L to side, step R to side
- 5 – 6 Step L fwd., recover to R
- 7 & 8 Step L back, step R next to L, step L fwd.

Begin again and have fun!

Tag + Restart: Dance wall 1 up to count 26 [9:00] and add

- 3 & 4 Step R fwd., recover to L, touch R next to L

Begin again

Tag: After wall 3 [3:00] add:

- 1 – 2 Touch R heel fwd., touch R next to L

Begin again

Questions: larskuif@hotmail.com - Website: larskuif@hotmail.com