

# Back It Up

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Intermediate

**Chorégraphe:** Norlizah Abdul Rahim - January 2014

**Musique:** Back It Up - Caro Emerald



## Start on vocal

### (1-8) Heel Switch, Brush, Touch, Bounce, Kick Ball Change

- 1&2& Touch R heel forward, step down on RF, touch L heel forward, step down on LF  
3&4 Brush RF forward, step down on RF, touch L toe forward  
5-6 Bounce R hip up & down. Weight on R  
7&8 Kick LF forward, step down on LF, step RF forward

### (9-16) Walk, Kick Forward, Touch Behind, ¼ Turn Left Chasse, ¼ Turn Right, 1/2 Turn Left

- 1-2 Walk forward on LF, RF  
3-4 Kick LF forward, touch LF behind  
5&6 Make a ¼ turn left stepping LF to L side, step RF next LF, step LF to L side  
7-8 Make a ¼ turn right skating RF, ½ turn left skating LF

\*\*\*Restart point - wall 4

### (17-24) Step, Cross Behind, ¼ Turn Right, Step Forward, Forward Coaster, Step Back, Touch Cross Behind

- 1-4 Step RF to R side, cross LF behind RF, ¼ turn right, stepping RF forward, step LF forward  
5&6 Step RF forward, step LF next to RF, step RF back  
7-8 Step LF back, touch RF cross behind LF

### (25-32) Point, Step, Touch Heel, Step Forward, Touch, Coaster Step

- 1&2& Point R to R side, step RF next to LF, point L toe to L side, step LF next to RF  
3&4& Touch R heel forward, step RF next to LF, touch L heel forward, step LF next to RF  
5-6 Take a big step on RF forward, touch LF next to RF  
7&8 Step LF back, step RF next to LF, step LF forward

**RESTART:** On wall 4 dance up to count 16....change count 7-8 with skate RF & LF without turning. Now you restart the dance facing 12.00.

Contact: [amizurie@gmail.com](mailto:amizurie@gmail.com)