

# 2 Become 1

**Compte:** 32

**Mur:** 2

**Niveau:** Intermediate - NC2S

**Chorégraphe:** David Sinfield (UK) - January 2014

**Musique:** 2 Become 1 - Spice Girls : (iTunes)



## Dance Starts on Lyrics

### **SIDE BACK ROCK, SIDE ROCK ¼ TURN STEP, SHUFFLE FORWARD, STEP PIVOT STEP**

- 1-2& Step right to right, rock left behind right, recover weight onto right  
3&4 Rock left to left, step right ¼ turn right, step forward left  
5&6 Step right forward, close left beside right, step right forward  
7&8 Step left forward, pivot ½ turn right, step left forward

### **SIDE, BACK ROCK, SIDE, BACK ROCK, SCISSOR CROSS, SYNCOPATED FULL TURN (TRAVELLING TO LEFT SIDE)**

- 1-2& Step right to right side, rock back on left, recover weight on right  
3-4& Step left to left side, rock back on right, recover weight on left  
5&6 Step right to right, close left beside right, cross right over left  
7&8 Step back on left spin ½ turn right, step forward on right spin ¼ turn right, step back on left spin ¼ turn right

### **LUNGE FORWARD, SWEEP BEHIND, SWEEP BEHIND, BEHIND SIDE CROSS, SIDE, TOGETHER, FORWARD**

- 1-2 Lunge forward right, recover weight onto left  
3-4 Sweep right toe ½ circle behind left, sweep left toe ½ circle behind right  
5&6 Cross right behind left, step left to left, cross right over left  
7&8 Step left to left, step right beside left, step left forward

### **ROCK ½ TURN RIGHT, ROCK ¼ TURN LEFT, BACK ROCK SIDE, CROSS ½ TURN**

- 1&2 Rock forward right, on the ball of left spin ½ turn right, step right beside left  
3&4 Rock forward left, on the ball of right spin ¼ turn left, step left beside right  
5-6& Rock back on right, recover onto left, step right to right  
7&8 Cross left over right, on the ball right spin ½ turn left, step left beside right

**Contact:** [highslappincowboy@hotmail.com](mailto:highslappincowboy@hotmail.com)