

Back To Basics

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Greg Van Zilen (USA) & Samantha Van Zilen (USA) - March 2010

Musique: Hey, Soul Sister - Train



Step description by Outta Line Country Dance Instruction

Charleston, Right shuffle forward, Left shuffle forward

- 1,2 Touch right toe forward; step right foot back.
- 3,4 Touch left toe back; step left foot forward.
- 5&6 Step right foot forward, step left foot next to right, step right foot forward.
- 7&8 Step left foot forward, step right foot next to left, step left foot forward.

Step right, ¼ turn left, Step right, ¼ turn left, Right shuffle forward, Left shuffle forward

- 9,10 Step right foot forward; ¼ turn left, transferring weight to left foot.
- 11,12 Step right foot forward; ¼ turn left, transferring weight to left foot.
- 13&14 Step right foot forward, step left foot next to right, step right foot forward.
- 15&16 Step left foot forward, step right foot next to left, step left foot forward.

Box with ¼ turn right, Right shuffle forward, Left shuffle forward

- 17,18 Cross right foot over left; step left foot back.
- 19,20 Step ¼ turn right stepping right foot forward; step left foot forward.
- 21&22 Step right foot forward, step left foot next to right, step right foot forward.
- 23&24 Step left foot forward, step right foot next to left, step left foot forward.

Right side rock with ¼ turn left, Right side rock with ¼ turn left, Right shuffle forward, Left shuffle forward

- 25,26 Step right foot to side; ¼ turn left replacing weight onto left foot.
- 27,28 Step right foot to side; ¼ turn left replacing weight onto left foot.
- 29&30 Step right foot forward, step left foot next to right, step right foot forward.
- 31&32 Step left foot forward, step right foot next to left, step left foot forward.

Contact: Greg & Samantha Van Zilen (860) 537-5849 outtalinedj@aol.com