

# Forever and Ever

Compte: 56

Mur: 4

Niveau: Intermediate

Chorégraphe: Kate Henry (CAN) - October 2013

Musique: Forever and Ever - Royal Wood



Intro: 16 counts

## Walk 2x; Shuffle; Rock Step; ½ Shuffle

- 1-2 Step forward R (1); step forward L (2)
- 3&4 Step R forward (3), step L beside R (&), step R forward (4)
- 5-6 Step forward L (5); step R in place (6)
- 7&8 ¼ turn L, step L side L (7); step R beside L (&); ¼ turn L step on L (8)

## Walk 2x; Shuffle; Rock Step; ¼ Shuffle

- 1-2 Step forward R (1); step forward L (2)
- 3&4 Step R forward (3), step L beside R (&), step R forward (4)
- 5-6 Step L forward (5), step R in place (6)
- 7&8 ¼ turn L, step L side L (7); step R beside L (&); step L side L (8)

## Cross Box; Shuffle; Weave; Sailor

- 1-2 Cross R over L (1), step back L (2)
- 3&4 Step R side R (3), step L beside R (&), step R side R (4)
- 5-6 Cross L over R (5); step R to side (6)
- 7&8 Step L behind R (7); step R beside L (&); step L side L (8)

## Weave; ¼ Sailor; Rock Step; Coaster

- 1-2 Cross R over L (1); step L to side (2)
- 3&4 Step R behind L (3); ¼ turn R, step L beside R (&); step R fwd (4)
- 5-6 Step L forward (5), step R in place (6)
- 7&8 Step back on L (7), step R beside L (&), step forward on L (8)

## Point 3x, Step, Rock Step; ½ Shuffle

- 1&2& Point R side R (1); step R beside L (&); point L side L (2); step L beside R (&)
- 3-4 Point R side R (3); step forward R (4)
- 5-6 Step L forward (5), step R in place (6)
- 7&8 ¼ turn L, step L side L (7); step R beside L (&); ¼ turn L step on L (8)

## Point 3x, Step, Rock Step; ¼ Shuffle

- 1&2& Point R side R (1); step R beside L (&); point L side L (2); step L beside R (&)
- 3&4 Point R side R (3); step forward R (4)
- 5-6 Step L forward (5), step R in place (6)
- 7&8 ¼ turn L, step L side L (7); step R beside L (&); step L side L (8)

(\*Restart Walls 2 & 4)

## Weave, Heel Jack; Weave; Heel Jack

- 1-2 Cross R over L (1); step L side L (2)
- 3&4& Step R behind L (3); step L back (&); touch R forward (2); step R back (&)
- 5-6 Cross L over R (5); step R side R (6)
- 7&8& Step L behind R (7); step R back (&); touch L forward (8); step L back (&)

\*Restart: Walls 2&4 - Do first 48 counts and start again

Have fun

Contact: [kahenry@bell.net](mailto:kahenry@bell.net)

---