

Lenggang Kangkung

COPPER **KNOB**
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Mei Rizal (INA) - November 2013

Musique: Indonesian Folk Song



Intro - 64 count

I. FORWARD SHUFFLE, ROCKING CHAIR

- 1&2 Shuffle forward on R-L-R.
3&4 Shuffle forward on L-R-L.
5 – 8 Rock R forward, recover on L, rock R back, recover on L

II. ½ TURN LEFT, FORWARD SHUFFLE, ½ TURN RIGHT, FORWARD SHUFFLE

- 1 , 2 Step R forward, ½ turn left step L on place .
3&4 Forward shuffle on R-L-R
5 , 6 Step L forward, ½ turn right step R on place.
7&8 Forward shuffle on L-R-L

III. STEP SIDE, TOUCH BESIDE, TOUCH TO SIDE, TOUCH BESIDE, REVERSE

- 1 , 2 Step R to right side, touch L beside R.
3 , 4 Touch L to left side (hip bump for styling), touch L beside R.
5 , 6 Step L to left side, touch R beside L.
7 , 8 Touch R to right side (hip bump for styling), touch R beside L.

IV. CROSS OVER, STEP BACK, ¼ TURN RIGHT STEP FORWARD, STEP FORWARD, ROCK FORWARD, RECOVER, ROCK FORWARD, RECOVER.

- 1 , 2 Cross R over L, step back on L.
3 , 4 ¼ turn right forward on R, step forward on L
5 – 8 Rock R forward, recover on L, repeat.

START AGAIN

Contact: astarienrini@yahoo.co.id
