

# Let Me Sleep

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Lorna Mursell (UK) - November 2013

**Musique:** Wake Me Up - Derek Ryan



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## Dance Specifically Choreographed To The Derek Ryan Version Of Wake Me Up

### **SIDE ROCK, CROSS SHUFFLE, TURN 1/2 RIGHT, LEFT SHUFFLE**

- 1-2 Rock right to right side, recover on to left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Turn 1/4 right & step left back, turn 1/4 right & step right to side
- 7&8 Step forward left, step right together, step forward left

### **FORWARD ROCK, REC, SHUFFLE BACK, BACK ROCK, REC, FORWARD SHUFFLE**

- 1-2 Rock forward on right, recover on to left
- 3&4 Step back on right, step left beside right, step back on right
- 5-6 Rock back on left, recover on to right
- 7&8 Step forward on left, step right beside left, step forward left

### **SWAY R, L, R, L, CROSS ROCK, REC, CHASSE**

- 1-2 Sway hips right, sway hips left
- 3-4 Sway hips right, sway hips left
- 5-6 Cross right over left, recover on to left
- 7&8 Step right to right side, step left beside right, step right to right side

### **CROSS ROCK, REC, CHASSE, JAZZ BOX, CROSS**

- 1-2 Cross left over right, recover on to right
  - 3&4 Step left to left side, step right beside left, step left to left side
  - 5-6 Cross right over left, step back on to left
  - 7-8 Step right to right side, cross left over right
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