

# Long & Lonesome Highway

**COPPER** **KNOB**  
STEPPEDETS

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Mawayani (NL) - September 2013

**Musique:** Many a Long & Lonesome Highway - Rodney Crowell



**Intro : 8 counts**

## **L LUNGE, RECOVER, L SHUFFLE BWD, ¾ TRIPPLE TURN R, SIDE & CROSS**

- 1 LF step forward, bend knee
- 2 RF recover
- 3 LF step backward
- & RF close next to LF
- 4 LF step backward
- 5 RF ½ turn right, step forward
- & LF step next to RF
- 6 RF ¼ turn right, step forward
- 7 LF rock left
- & RF recover
- 8 LF cross over RF

## **R ROCK, RECOVER, COASTERSTEP, L ROCK RECOVER, COASTERSTEP**

- 1 RF rock forward
- 2 LF recover
- 3 RF step backward
- & LF close next to LF
- 4 RF step forward
- 5 LF rock forward
- 6 RF recover
- 7 LF step backward
- & RF step next to RF
- 8 LF step forward

## **PIVOT L, ½ TRIPPLE TURN L, ¼ ROCK L, RECOVER, BEHIND SIDE CROSS**

- 1 RF step forward
- 2 L+R ½ turn left
- 3 RF ¼ turn left, step right
- & LF step next to LF
- 4 RF ¼ turn left, step backward
- 5 LF ¼ turn left, rock left
- 6 RF recover
- 7 LF cross behind RF
- & RF step to right
- 8 LF cross over RF

## **CROSS, ½ TURN L, TRIPPEL TURN L, LOCKSTEP, COASTERSTEP**

- 1 RF cross over LF
- 2 R+L ½ turn left
- 3 RF ¼ turn left, step to right
- & LF step next to RF
- 4 RF ¼ turn left, step backward
- 5 LF step backward
- & RF lock in front of LF

- 6 LF step backward
- 7 RF step backward
- & LF close next to RF
- 8 RF step forward

**Start again**

**Contact: [www.mawayanilinedancers.webnode.nl](http://www.mawayanilinedancers.webnode.nl)**

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