

# Lets Get Ridiculous

**Compte:** 32

**Mur:** 4

**Niveau:** Absolute Beginner

**Chorégraphe:** Alison Johnstone (AUS) & Luke Potts (AUS) - September 2013

**Musique:** Let's Get Ridiculous - Redfoo : (Single - iTunes)



**OR VIRTUALLY ANY SONG YOU CHOOSE – A great beginner easy fun dance**

**Start:** Just after he says "let's go" 14 seconds

**(1-8) Walk Forward Right, Left, Right, Left, Step Side Right, Touch Left Diagonal, Step Side left Tough Right Diagonal**

- 1, 2 Walk forward Right, Walk forward Left
- 3, 4 Walk forward Right, Walk forward left
- 5, 6 Step Right side, Touch Left to Lft Diagonal (Option -sway hips, wave arms over head or shimmy)
- 7, 8 Step Left side, Touch Right to Rt diagonal (Option -sway hips, wave arms over head or shimmy)

**(9-16) Walk Back Right, Left, Right, Left, Step Side Right, Touch Left Diagonal, Step Side left Tough Right Diagonal**

- 1, 2 Walk back Right, Walk back Left
- 3, 4 Walk back Right, Walk back Left
- 5, 6 Step Right side, Touch Left to Lft Diagonal (Option -sway hips, wave arms over head or shimmy)
- 7, 8 Step Left side, Touch Right to Rt diagonal (Option -sway hips, wave arms over head or shimmy)

**(17-24) Right Rocking Chair, Pivot ½ Left, Pivot ¼ Left (3.00)**

- 1, 2 Rock forward on Right, Recover on Left
- 3, 4 Rock back on Right, Recover on Left
- 5, 6 Step forward Right, Pivot ½ over Left (weight transfer to Left)
- 7, 8 Step forward Right, Pivot ¼ over Left (weight transfer to Left)

**(Option to circle arms over head when turning)**

**(If smaller children or Absolute Beginners -you can walk around as in the final section but ¾ only)**

**(25-32) Cross, Point, Cross, Point,**

- 1, 2 Cross Right over Left, Point Left to Side
- 3, 4 Cross Left over Right, Point Right to Side
- 5,6,7,8 Walk in a full circle over Left walking Right, Left, Right, Left

**(If smaller children or Absolute Beginners – you can wiggle/march on the spot)**

**\*\*\*OPTION TO MAKE THE LAST 4 COUNTS A BIT HARDER -Paddle Turns x4 (Full Turn)\*\*\***

- 5&6& Touch Right forward, Turn ¼ Left (&), Touch Right forward, Turn ¼ Left (&)
- 7&8 Touch Right forward, Turn ¼ Left (&), Turn ¼ Left touching Right to side

**(Don't worry too much about the ¼ turns basically just touch turn over Left to the counts completing a full turn)**

**- You can push arms to Right Side every time you Touch Right)**

**START AGAIN**

**Choreographed for the Nuline Dance Schools/Beginners programme-  
Options will be dependent on age/level)**

**We hope you enjoy**

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