Angel On The Beach

Compte: 64

Niveau: Intermediate

Chorégraphe: Manuela Treuheit - September 2013 Musique: Mermaid - Train : (iTunes)

Sequence: 64, 48 restart, 64, 48 restart, 16, 6 count Tag, restart, 64 Introduction: 16 counts

(1-8) R Kick Ball Change, R Sailor, L Kick Ball Change, L Heel Grind ¼ Turn L

- Kick R Foot Forward, Step R Foot Back (Next To L), Step In Place On L Foot 1&2
- 3&4 Rock R Behind L, Step L Foot Out To L Side, Step R Foot Out To R Side
- Kick L Foot Forward, Step L Foot Back (Next To R), Step In Place On R Foot 5&6
- Grinding The Left Heel Forward Into The Floor While Swiveling L Toe All The Way To L And 7&8 Turning ¼ L, Recover Weight Back On R, Step L Back Next To R (Weight L) 9 O'Clock)

(9-16) R Sailor, L Sailor, Out-Out, In-In

- 1&2 Rock R Foot Behind L, Step L Foot Out To L Side, Step R Foot Out To R Side
- 3&4 Rock L Foot Behind R, Step R Foot Out To R Side, Step L Foot To L Side
- 5-6 Step Diagonally Forward With R, Step Diagonally Forward With L,
- Step R Foot Diagonally Back, Step L Foot Diagonally Back (Weight Is On L), Touch R Toes 7&8 In Place (9 O'Clock)

(Here: 6 Count Tag And Restart On Wall 5)

(17-24) Crossing Heel Jack With ¼ Turn R, ½ Turn L, L Coaster Cross And Cross And Cross

- Cross R Over L, Step L To The Side By Turning 1/4 To The R, Touch R Heel Forward, Step R 1&2& Back Next To L (Weight Is On R) (12 O'Clock)
- 3-4 Step Forward On L, Turn 1/2 Turn Over Left By Stepping R Foot Back (6 O'Clock)
- 5&6& Step Back On L, Step R Next To L, Cross L Over R, Step R To The R
- Cross L Over R, Step R To The R, Cross L Over R 7&8

(25-32) Rock Recover, Behind Side Cross, Rock Recover, L Coaster Step

- 1-2 Step R To The Side, Recover Weight Back On L
- 3&4 Step R Behind L, Step L To The Side, Cross R Over L
- Step L To The Side, Recover Weight Back On R 5-6
- Step Back On L, Step R Next To L, Step L Foot Forward (6 O'Clock) 7&8

(33-40) Heel Hook, Heel Touch, ½ Rumba Box R, Heel Touch, Side Touch, ½ Turn L

- 1&2& Touch R Heel Forward, Hook R Heel In Front Of L Leg, Touch R Heel Forward, Touch R Toes Next To L Foot
- 3&4 Step R Foot To The R, Step L Foot Next To R, Step R Foot Forward
- Touch L Heel Forward, Touch L Toes Back Next To R, Touch L Toes To The L, Touch L 5&6& Toes Back Next To R
- 7-8 Touch L Toes Behind R Foot, Turn 1/2 Turn Left On Your Toes, Weight Is On L Foot (12 O'Clock)

(41-48) Rock Recover, ½ Triple Turn R, ½ Triple Turn R, R Coaster Step

- 1-2 Step Forward On R, Recover Weight Back On L
- 3&4 Triple ¹/₂ Turn R, Stepping Right-Left-Right (6 O`Clock)
- 5&6 Triple ¹/₂ Turn R, Stepping Left-Right-Left (12 O`Clock)
- Step Back On R, Step L Next To R, Step Forward On R 7&8
- (Last Step Is A R Touch Next To L, When You Restart On Wall 2 And 4)

(49-56) Step, 1/4 Turn R With A Cross, Rumba Box, R Coaster Step





Mur: 4

- 1&2 Step Forward On L, Turn ¼ To The R, Cross L Foot Over R (3 O`Clock)
- 3&4 Step R To The Side, Step L Next To R, Step Forward On R (Weight Is On R)
- 5&6 Step L To The Side, Step R Next L, Step Back On L
- 7&8 Step Back On R, Step L Next To R, Step Forward On R

(57-64) Step, ¼ Turn R With A Cross, ¼ Turn L, ½ Turn L, R Coaster Forward, L Coaster Back

- 1&2 Step Forward On L, Turn ¼ To The R, Cross L Over R (6 O`Clock)
- 3-4 Step R Foot Back, By Turning ¼ To The L, Step Back On L And Turn At The Same Time ½ To The L (9 O`Clock)
- 5&6 Step Forward On R, Step L Next To R, Step Back On R
- 7&8 Step Back On L, Step R Next To L, Step Forward On L

Tag: On 5th Wall After 16 Counts

- (1-6) Jazz Box To The L, R Kick Ball Change
- 1-2 Cross R Over L, Step Back On L
- 3-4 Step R To The Right Side, Step L Next To R (Weight Is On L)
- 5&6 Kick R Foot Forward, Step R Foot Back Next To L, Step In Place On L Foot

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