

# Move It Up

**Compte:** 32

**Mur:** 2

**Niveau:** Easy Intermediate

**Chorégraphe:** Esmeralda van de Pol (NL) - August 2013

**Musique:** Got to Give It Up - Marvin Gaye



**Intro : 32 counts**

**WALK, WALK, SIDE ROCK, FWD STEP, 1/4 TURN R, COASTER STEP 1/4 TURN R, STEP FWD**

1-2 step fwd on R, Step fwd on L  
&3-4 rock R to R side, Recover on L, Step R fwd  
5 1/4 turn R-step L to L side  
6&7 1/4 turn R-step R back, Step L next to R, Step R fwd  
8 step L fwd

**1/4 TURN LEFT, DRAGG & CROSS, SIDE, STEP BACK, BUMP & WALK FWD**

1-2 1/4 turn L-step R to R side, Dragg L next to R  
&3-4 Step L next to R, Cross R over L, Step L to L side  
5-6 Step back on R , touch L toe fwd and bump your hip fwd  
&7-8 Step L next to R, step R fwd, step L fwd

**PIVOT 1/4 TURN L, CROSS, SIDE, CROSS, 1/4 TURN R X2, & CROSS, SIDE**

1-2 step R fwd, 1/4 turn L-weight on L  
&3-4 cross R over L, step L to L side, cross R over L  
5-6 1/4 turn R-step L back, 1/4 turn R-step R to R side  
&7-8 Step L next to R, Cross R over L, Step L to L side

**STEP BACK, BUMP & FWD ROCK, STEP BACK, BUMP & FWD ROCK**

1-2 step R back, touch L toe fwd and bump your hip fwd  
&3-4 step L next to R, Rock R fwd, Recover on L  
5-6 step R back, touch L toe fwd and bump your hip fwd  
&7-8 step L next to R, Rock R fwd, Recover on L

**Have Fun!!**

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